



Pediatric Mental Health Care Access (PMHCA) Programs & School-Based Health Centers:

A Natural Partnership for Increasing Access to Mental Health Care

June 28, 2023

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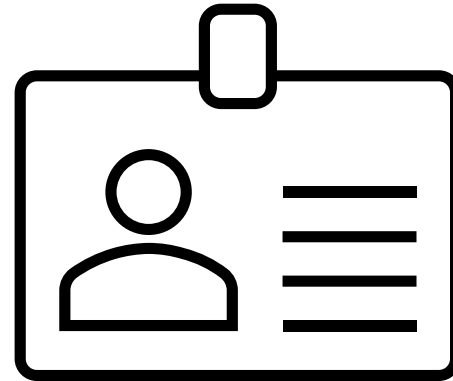


Funding Notice

This initiative is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$500,000. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov)



Introductions



We want to know more about you!

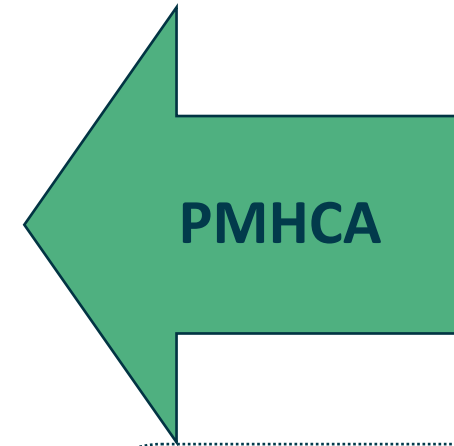


Objectives



- Understand the purpose and main components of Pediatric Mental Health Care Access (PMHCA) programs and learn about innovative PMHCA-SBHC collaboration at the state and local levels.
- Reflect on how pediatric mental health tele-consultation, training, and resources can enhance mental health services in an SBHC.
- Understand the roles that state affiliates and SBHC leaders can take to build meaningful collaboration with PMHCAs.

School Based Health Alliance's PMHCA Initiative



SBHA Technical Assistance Activities

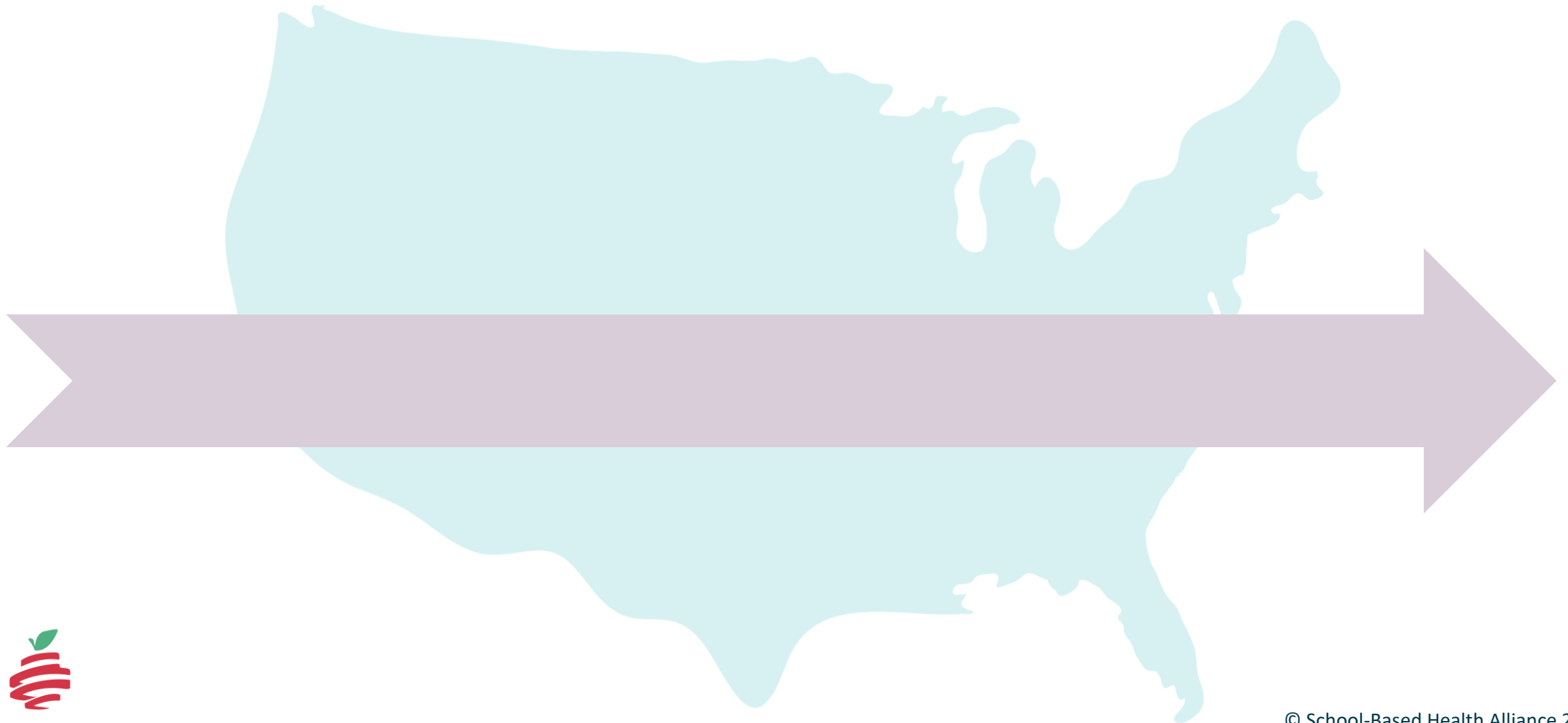
- Facilitation of State-level Partnerships
- Networking and Coaching Calls
- PMHCA-SBHC Learning Community
- Tools & Resources
- Webinars

In collaboration with:

- National Network of Child Psychiatry Access Programs
- National Center for School Mental Health
- Center for Adolescent Health & the Law



History of Pediatric Mental Health Care Access Programs (PMHCA)



What is a PMHCA?

A state level program developed in response to children’s mental health crisis and shortage of child psychiatrists

- Designed to increase workforce capacity of primary care providers to make early identification, diagnosis, treatment, and referral of mental health conditions a routine part of children's health care.
- Programs consist of small teams, including a child psychiatrist, that provide:



Tele-consultation

through an established statewide phone line to pediatric primary care providers



Training and Education

to providers through ECHOS and web-based trainings



Resources and Referrals

to providers, families, and community members



Why Expansion to Schools & SBHCs?



Mental Health Workforce Challenges

Have promise to mitigate children's mental health crisis and workforce shortages of child psychiatrists



IDENTIFYING NEEDS IN THE SCHOOL SETTING

Recognition of school as setting where children and adolescents are being identified for and receiving mental health services



PMHCAs & SBHCs: A Natural Fit

ACCESSIBILITY

SBHCs place critical services, like mental health care, directly in schools; students without a medical home can receive comprehensive healthcare, regardless of ZIP code.

INTEGRATED CARE

Embedded into SBHCs are systems to identify, assess, treat, and refer students for mental health services.

STAFFING

SBHCs have on-site primary care providers who can prescribe medication.

HIGH-QUALITY CARE

SBHCs aim to provide children with quality mental health care services through evidence-based standards, performance measures, and quality improvement systems.



SUSTAINABILITY

Like FQHCs, SBHCs use sound management practices, including a billing infrastructure, financial performance metrics, and diverse funding sources.

TECHNOLOGY

Many SBHCs are actively utilizing telehealth and electronic medical records and therefore are well-equipped to access teleconsultation services.

SYSTEMS COORDINATION

Like PMHCAs, SBHCs coordinate across care systems, make referrals, and involve family members in care.

GROWING MOVEMENT

SBHCs are working in every state!

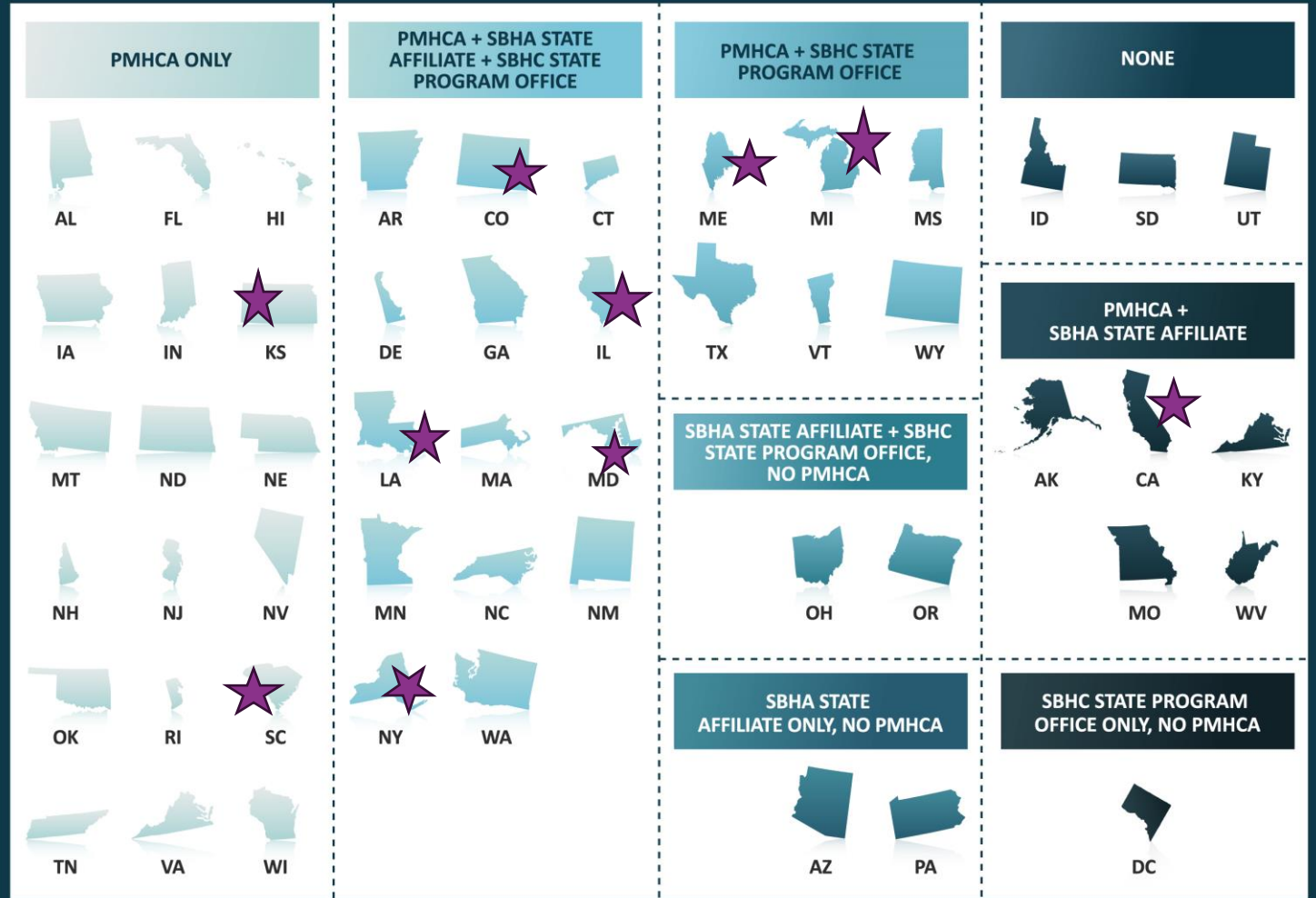


PMHCAs & SBHC Partnerships

Planning & Outreach



PEDIATRIC MENTAL HEALTH CARE ACCESS NETWORK AND SCHOOL-BASED HEALTH CARE



 *Featured in Presentation*





Youth Healthcare Alliance

Champions for Colorado School-Based Clinics

Youth Healthcare Alliance

Rebecca Gostlin, LPC

Director of Clinical Initiatives

Colorado State Affiliate: Youth Healthcare Alliance

- Formerly Colorado Association for School-Based Health Care (CASBHC)
- Has supported existing and emerging SBHCs in CO for over 25 years
- Provides advocacy, trainings, technical assistance, resources, and engagement
- Staffing: Executive Director, Director of Community Engagement, Director of Clinical Initiatives, and Project Coordinator

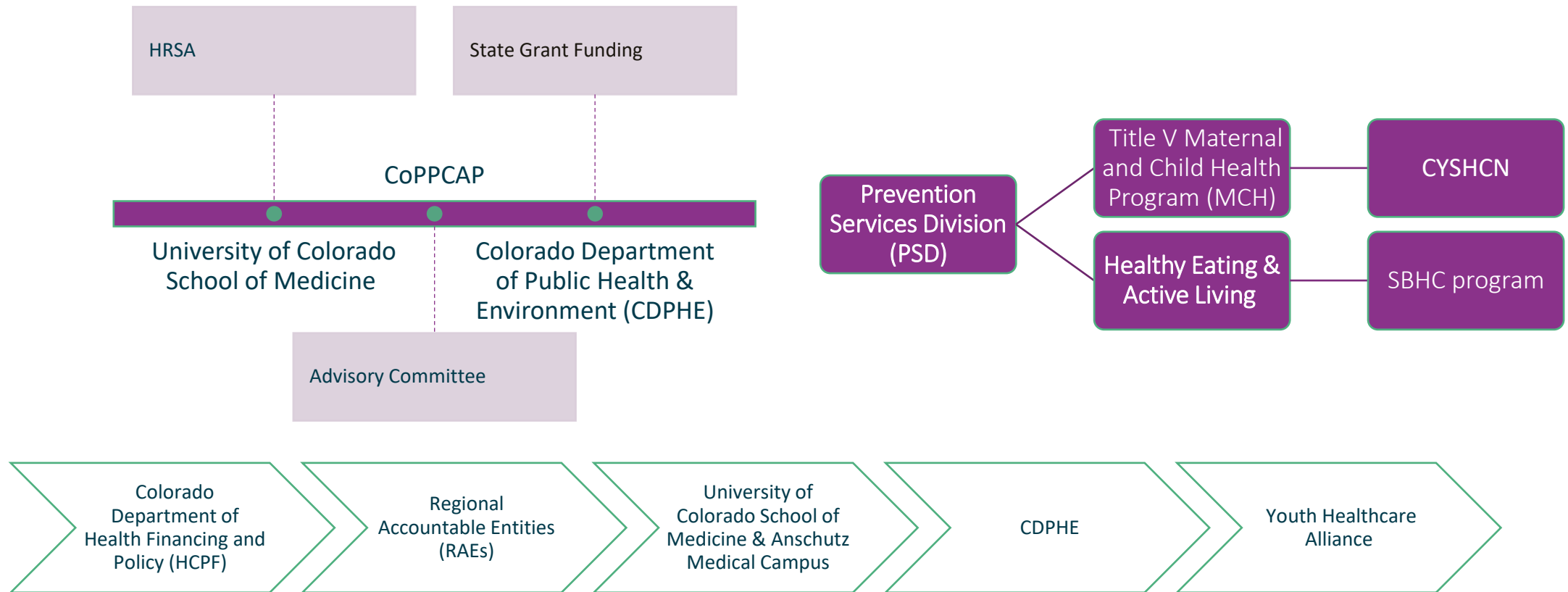


Role with PMHCA

- Connector and advocate to enhance the awareness and utilization of [Colorado Pediatric Psychiatry Consultation & Access Program \(CoPPCAP\)](#) in Colorado's school-based health centers
- Advisory Committee member



Colorado State Structure



Additional Players: Colorado Department of Human Services, Office of Behavioral Health / Behavioral Health Administration, Colorado Academy of Family Physicians, CO Chapter of American Academy of Pediatrics, and CO Rural Health Association



Role of Youth Healthcare Alliance



Active participant in CoPPCAP Advisory Committee

- Enhanced understanding of the program
- Collaboration on outreach to SBHCs: targeted outreach and follow-up needs
- Shared vision and mutual support for advocacy and expansion



Messaging to SBHCs about PMHCAs (e.g., what are they, how do they work? How will they benefit your SBHC?)

- Lunch and Learn
- Basecamp promotion of ECHOs and resources
- Conference presentation
- Individual outreach to follow-up on CoPPCAP efforts to connect



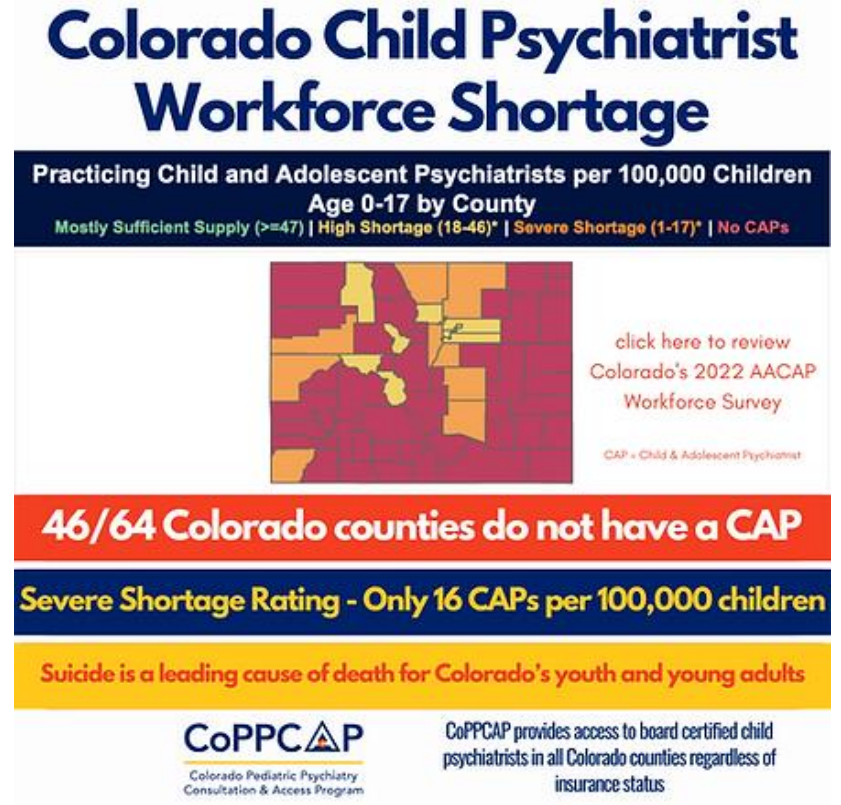
Making connections between SBHCs

- Sharing success stories from CoPPCAP users to facilitate more SBHC enrollment
- Direct connection, conference networking, email follow-ups



Impact of Partnership

- Empowering providers at our SBHCs with resources to help meet these needs is critical.
 - **72%** of counties in CO do not have a child and adolescent psychiatrist (CAP). No counties in the state have adequate CAP workforce numbers.
- **10** organizations operating a total of **40** SBHCs throughout Colorado are currently enrolled in CoPPCAP with **194** consultations sought this year.
- SBHC staff participation in CoPPCAP ECHOs
- CoPPCAP presentation at Youth Healthcare Alliance conference was among the highest rated sessions



Youth Healthcare Alliance: From the Field

"I have participated in the CoPPCAP ECHO series, annual conference and community of practices opportunities over the past 2+ years. I have found the psychiatrists and CoPPCAP team to be incredibly helpful, knowledgeable and supportive. I have enjoyed learning from various providers on their team and recommend their services and program to colleagues regularly. I have been able to use their call line to get patient specific consultation numerous times. This has been a benefit to my practice and to my patients. With increasing awareness of mental health concerns in our patients, services such as those provided by CoPPCAP improve the efficiency and quality of primary care services in Colorado."

- Jennifer Suchon MSN, PPCNP-BC, FNP-BC, CPMHS
Clinic Director, Northside Health Center



Youth Healthcare Alliance: From the Field

"CoPPCAPs response time is quick. We have worked with the providers at CoPPCAP on numerous occasions and diagnosing conditions such as bipolar, eating disorders, medication adherence, medication management, and many other things. It is a simple workflow to reach a provider. They generally call the NPs cell phones directly within a half hour window and have been invaluable. They offer suggestions, direction, recommendations and it's a very successful program."

- Diane Dockter
Clinic Director, A Kidz Clinic



Youth Healthcare Alliance: Lessons Learned

- Alignment between resources and desired solutions
- Peer-to-peer sharing
- Need to understand value
- Repetition is key
- Relationships matter
- Follow-up strengthens outreach
- Need to connect stakeholders at the state level
- Advocacy will "spill over" into advocacy for other areas
- Partnering has potential to lead to future collaborations
- Expand definition of "leader"



Youth Healthcare Alliance

Q & A



Summary

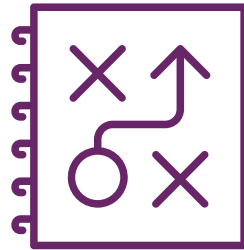


Reflection Activity:

- What is a **concern** that your SBHC(s) are facing that a PMHCA could address?
- What is one way you see a PMHCA **benefitting** your SBHC or SBHCs in your state?



What's a role you can play?



Navigators



Connectors



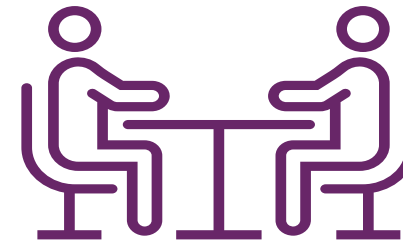
Messengers



Monitors



Ambassador



Conveners



Resources

[School-Based Health Alliance](#)

SBHC Resources and Contact Information

[HRSA](#)

PMHCA quick facts, resources, awardee videos and Map of Programs

[National Network for Child Psychiatry Access Programs \(NNCPAP\)](#)

Contact information for PMHCAs and child psychiatry access programs

[Colorado Youth Healthcare Alliance](#)

(formerly Colorado Association for School-Based Health Care)

Essential resources, guidance, and services of SBHCs in Colorado

[Colorado Pediatric Psychiatry Consultation and Access Program \(CoPP-CAP\)](#)

Description of services, resources, and crisis support



Coming Soon....

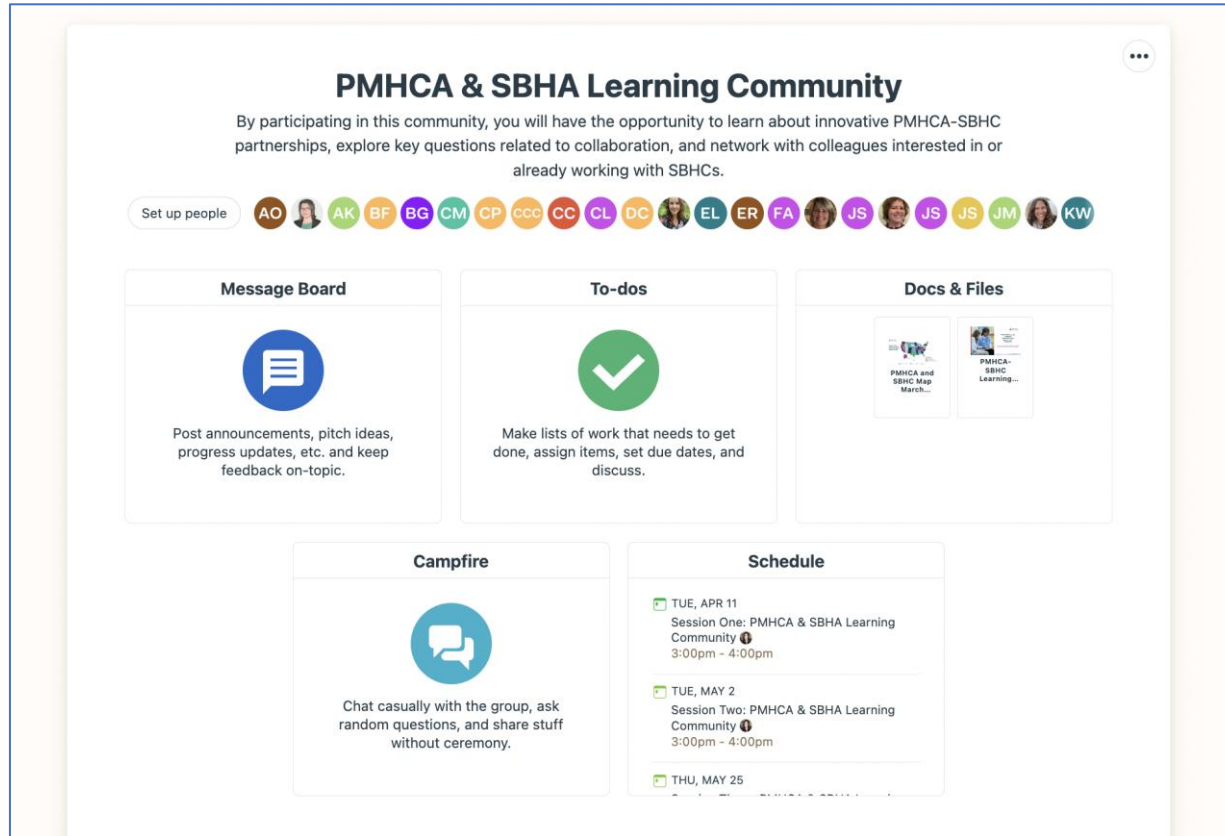
Webinars/ Events

- Aug. 22nd, 11:00 am EDT: **PMHCA Guidelines & Considerations for Expanding into Schools**
- Sept. 4, 4:00 pm EDT: **What PMHCAs need to know about HIPAA and FERPA**
- Sept. 21st 3:00 pm EDT: **PMHCA & SBHC Collaboration: Lessons from the Field**

Resources


- PMHCA Guidelines & Considerations for Expanding into Schools
- PMHCA Training & Education Playbook for School-Based Audiences
- Information Sharing and Confidentiality Protection in School-Based Health Centers: What PMHCAs need to know about HIPAA and FERPA
- PMHCA & SBHC Collaboration: Lessons from the Field






PMHCA & SBHA Learning Community

By participating in this community, you will have the opportunity to learn about innovative PMHCA-SBHC partnerships, explore key questions related to collaboration, and network with colleagues interested in or already working with SBHCs.


Set up people 

Message Board




Post announcements, pitch ideas, progress updates, etc. and keep feedback on-topic.

To-dos




Make lists of work that needs to get done, assign items, set due dates, and discuss.

Docs & Files



Campfire



Chat casually with the group, ask random questions, and share stuff without ceremony.

Schedule

- TUE, APR 11
Session One: PMHCA & SBHA Learning Community
3:00pm - 4:00pm
- TUE, MAY 2
Session Two: PMHCA & SBHA Learning Community
3:00pm - 4:00pm
- THU, MAY 25

WHAT IS IT

- Platform/tool to connect with colleagues
- Common place to share resources
- Message board posts is similar to a list-serv

HOW TO ACCESS

- Invite-only, email nncpapmail@gmail.com to join



Let's Stay In Touch!

Laura Hurwitz, LCSW

Lhurwitz@sbh4all.org

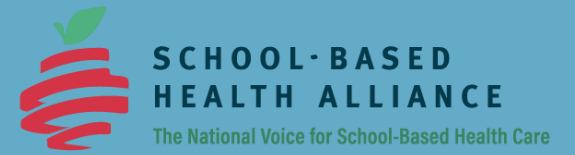
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**SAVE
THE
DATE**

**2024 National School-Based
Health Care Conference**

**JULY 1-3
2024**

**Renaissance Downtown
Hotel, 999 Ninth Street, NW,
Washington DC**



CME and CE Information

In support of improving patient care, this activity has been planned and implemented by the School-Based Health Alliance and Moses/Weitzman Health System, Inc. and its Weitzman Institute and is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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INTERPROFESSIONAL CONTINUING EDUCATION

Through Joint Accreditation, credits are also available under the following bodies:

- American Academy of PAs (AAPA)
- American Dental Association's Continuing Education Recognition Program (ADA CERP)
- American Psychological Association (APA)
- Association of Social Work Boards (ASWB)
- Commission on Dietetic Registration (CDR)





**Thank you
and Enjoy
your Visit!**