







# Brenda



# Sarah

# Agenda

- 1. Greetings/Welcome/Name Game
- 2. Ground Rules
- 3. Icebreaker 5 count shakeout!
- 4. What is Forum Theatre
- 5. YAB Video(s)
- 6. Small Group/Large Group
- 7. Final Share out

# Name Game!

# WHO IS YAB?

#### Our First YAB Meeting! - January 2020





#### **REACH** Lab

We are peer health educators, advocates, and assist with research!

Made up of high school and college students nationwide.

Our Lab is involved in school-based tobacco and cannabis prevention and intervention research, education, and policy.

#### **Stanford Youth Action Board** 2022-2023







































#### **Stanford Youth Action Board** 2022-2023







































#### WHAT WE DO -Develop content for peers -Community presentations & Conferences -Forum Theatre & more!

Stanford MEDICINE

Stanford

REACHLab

A PREVENTION TOOLKIT





YAB IG

stanfordreachvab



TOBACCO

Stanford RECRUZE

Stanford

REACH Lab

TAKE DOWN TOBACCO NATIONAL DAY OF ACTION THE STANFORD TOBACCO PREVENTION TOOLKIT YOUTH ACTION BOARD PRESENTS

#### NICOTINE V.S. NATURE

...the hidden poison in our communities

APRIL 24TH, 2021 10AM-NOON (PST) ~ 1-3PM (EST)

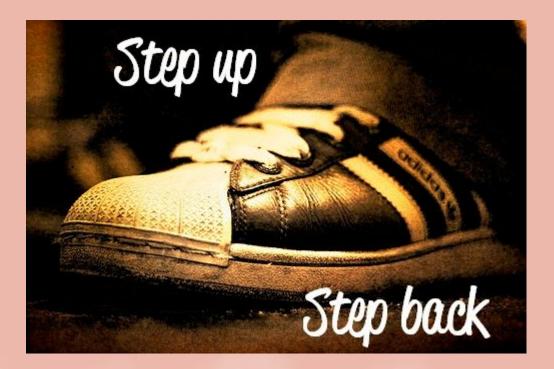
Let's take initiative by discussing how nicotine endangers our local communities and how we can help combat this pressing issue.

Last day to register is 4/23/21 or until Sold Out https://www.eventbrite.com/e/nicotine-vs-naturethe-hidden-poison-in-our-communities-tickets-14/2126170201





#### KEEP CALM AND DON'T YUCK MY YUM







#### **OTHERS?**

# **5** Count Shakeout!

#### Is vaping a problem at your school?

YesNoUnsure



# Where do most people in your school use nicotine or cannabis vapes?

#### **Secondhand Smoking Video**



Secondhand smoke drifts into our lives exposing us to risks we never asked for.



# Theater of the Oppressed

Theater of the Oppressed was initially founded in Brazil by Augusto Boal. He first introduced it in the 1960's and later the idea was moved to Europe to expand.

Augusto Boal GAMES FOR ACTORS AND NON-ACTORS Translated by Adrian Jackson



# Forum Theatre

- Creates a dialogue between the audience and one or more facilitators ("spect-actors" and "jokers")
- A skit is performed to the audience by the actors
- The skit ends, the jokers process what occurred in the skit, discuss the outcome, and ask the audience how they would change the outcome (from a negative one to a more positive one)







# Forum Theatre Rules

- Audience members ("spect-actors") come up with solutions
- Jokers invite them (the spect-actors) to provide some concrete ideas that the actors will then demonstrate
- A major rule carried out in Forum Theater is there is <u>no violence</u> as violence is never a solution





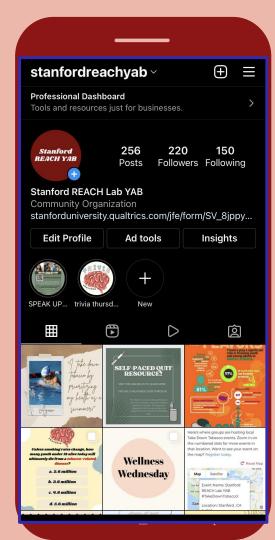
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# Sooo what did you think?

What do you think about using Forum Theatre your community?



## FOLLOW @STANFORDREACHYAB

# Thank You, Goodbye!



**REACH Lab** 

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