

Social Determinants of Health Screening for School-Aged Children and Adolescents

June 11, 2024



School-Based Health Alliance

Transforming Health Care for Students

Our **Focus**

The School-Based Health Alliance Works to Support & Grow SBHCs

Policy



Establishes and advocates for national policy priorities

Standards



Promotes high-quality clinical practices and standards, including for telehealth

Data



Supports data collection and reporting, evaluation, and research

Training



Provides training, technical assistance, and consultation

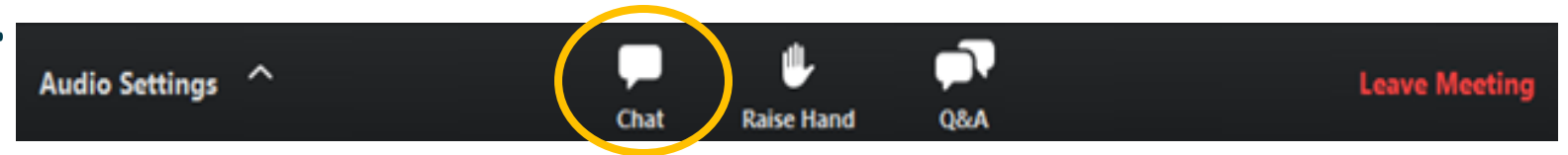
We support the improvement of students' health via school-based health care by supporting and creating community and school partnerships.

www.sbh4all.org

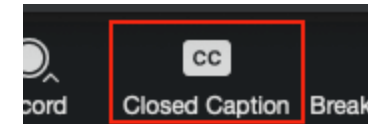
REMINDERS

 All attendees are in listen-only mode.

 To ask a question during the session, use the “Chat” icon that appears at the bottom of your Zoom control panel.



 To turn on closed captioning, click on the “CC” button.



 Please complete evaluation poll questions at the end of the presentation.

TODAY'S PRESENTER



Maureen Murphy, DNP, APRN, FNP-BC
Corewell Health School-Based Clinics
Assistant Professor, University of Michigan-Flint School of Nursing



WHY Do a Social Determinants of Health (SDOH) screening?

Aggregating Social Determinants of
Health Data – Best Practice -
Recommendations

INTRODUCTIONS



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OBJECTIVES

- Participants in the workshop will gain knowledge of social determinants of health (SDOH) issues and how this affects healthcare.
- Through the use of case review and discussion, participants in the webinar will create a simulation workflow for the assessment/screening of social determinants of health (SDOH) concerns and an opportunity to utilize Z codes within a medical visit.
- Participants will review, discuss and reflect on this how this data could be incorporated in needs assessment, grants and overall health planning for their clinic.

Background/Significance: Social Determinants of Health

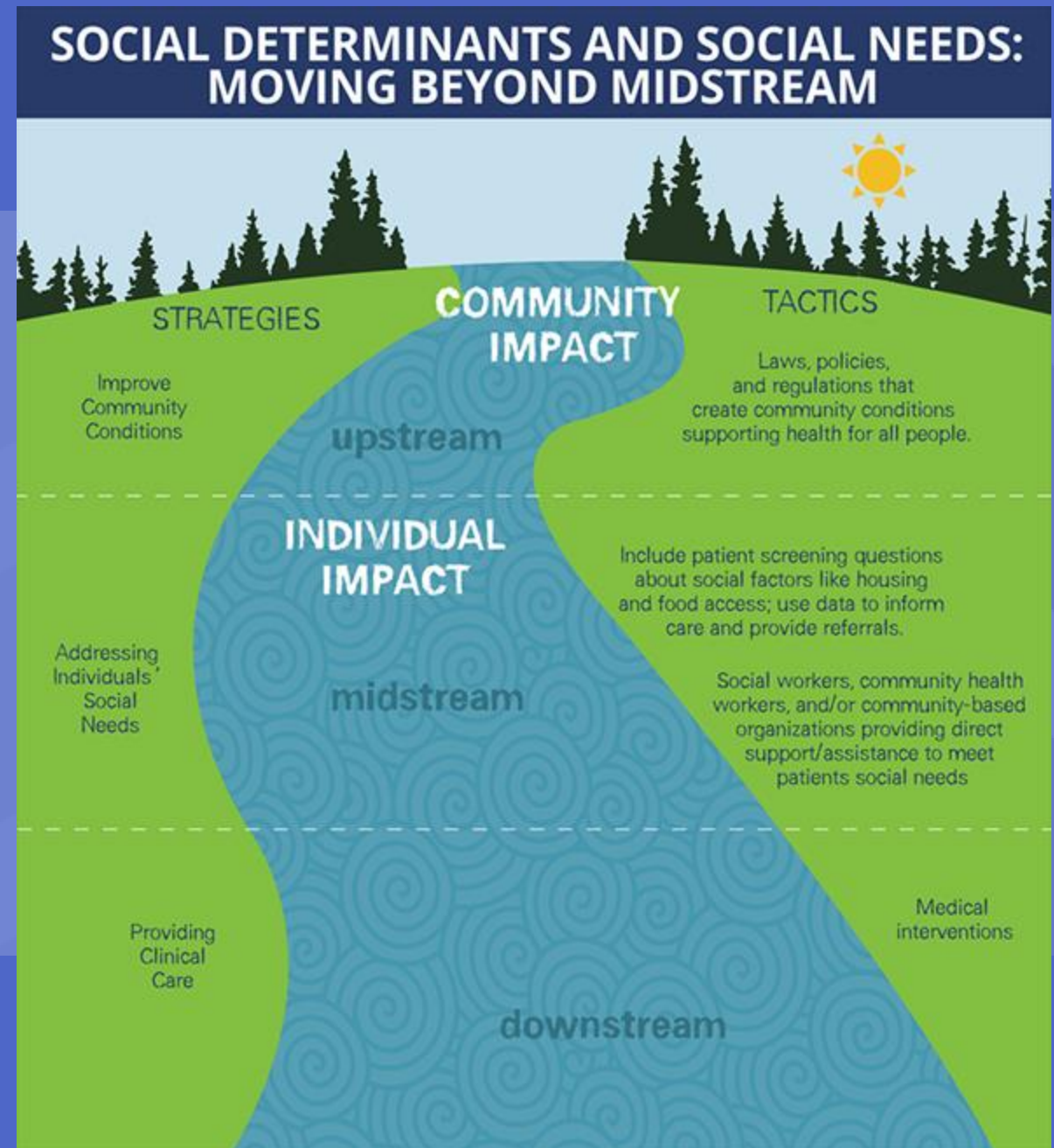


Source: HealthyPeople2020.gov

- What does social determinants of health (SDOH) mean?
- Why is it important to complete a social determinants of health (SDOH) assessment within medical visits?

Background & Significance

- Standard system to collect aggregate data is beneficial
- Downstream approach
- Upstream approach
- <https://youtu.be/xYeAmafTGCA>



A Practice GAP Exists!



- When best evidence is not followed → a Practice Gap!
- In attempt to fix this gap, a change occurred with the ICD-10-CM Official Guidelines for Coding and Reporting (February 2018)
- Social Determinants of Health (SDOH) Z codes (Z55-Z66) can be documented by all clinicians (not just a physician) involved in the care of the patient
- Workflow still flounders!

WHY?

2022 Survey of America's Physicians data revealed:

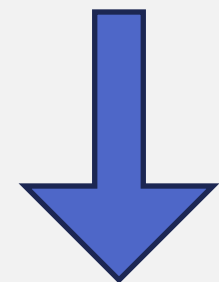
- Nearly all physicians indicated ...THEIR PATIENTS' HEALTH OUTCOMES ARE AFFECTED BY AT LEAST ONE Social Determinant of Health (SDOH)!
- 61% FEEL LITTLE TO NO TIME AND LACK THE ABILITY TO EFFECTIVELY ADDRESS THEIR PATIENTS' Social Determinants of Health (SDOH)
- 83% BELIEVE THAT ADDRESSING PATIENTS' Social Determinants of Health (SDOH) CONTRIBUTES TO PHYSICIAN BURNOUT RATES



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(Physicians Foundation, 2022)

**IHI
Quintuple
AIM**



QUALITY CARE

Poll:

- How many of you screen for social determinants of health (SDOH)?
- If yes, how many use a screening tool?



Screening Tools

- Psychosocial assessments
- Completed yearly
 - May be grant requirement

Flag questions from this assessment and crosswalk it to ICD-10 Z codes



<https://healthleadsusa.org/communications-center/resources/icd-10-z-codes-a-standardized-approach-to-sdoh-data/>

Screening Tools

- **For instance:**
 - HEADSS is a psychosocial interview tool for adolescents (developed in 1991 and was expanded to include additional measures (HEADSSS) in 2004)
 - Although not intended for social determinants of health (SDOH) screening it does however, address many of the social determinant concerns if you look at it more closely

Screening Tool: HEADSSS

HEADSSS EXAMINATION QUESTIONS

| Domain | Example Question |
|------------------------------------|----------------------------------------------------------------------------------|
| Home | Where do you live? |
| | How long have you lived there? |
| | Who lives with you? |
| | Do you have your own room? |
| Education and employment | Where do you go to school? |
| | What is your favorite/least favorite class? |
| | Do you feel safe at school? |
| | What are your grades like? |
| | Do you have a job? |
| Eating | What are your future education/employment plans? |
| | Are you concerned about your weight/body changes? |
| Activities | Have you ever worried about having food to eat? |
| | What do you do for fun? Sports? Reading? Video games? |
| Drugs and alcohol | How much TV do you watch in a week? |
| | Do any of your friends smoke or drink alcohol? Other drugs? |
| Sexuality | Have you ever tried smoking, alcohol, or drugs with your friends? |
| | Have you ever dated anyone? Boys, girls, or both? |
| | Have you ever kissed anyone? |
| Suicide, depression, and self-harm | Have you ever had sex? |
| | Have you thought about hurting yourself or someone else? |
| Safety from injury and violence | Have you lost interest in things that you used to really enjoy? |
| | Do you always wear a seat belt in the car? |
| | Have you ever ridden with a driver who was drunk or high? |
| | Is there a lot of violence at your school? In your neighborhood? Where you live? |
| | Have you ever been picked on or bullied? |
| | Have you ever felt you needed to protect yourself? |

Adapted from the American Academy of Pediatrics (2010).

Potential Z Codes Assigned

- **Z55.2** Failed school examinations
- **Z55.3** Underachievement in school
- **Z55.4** Educational maladjustment and discord with teachers and classmates
- **Z60.5** Target of (perceived) adverse discrimination and persecution
- **Z64.0** Problems related to unwanted pregnancy

Screening Tool: PRAPARE

PRAPARE: Protocol for Responding to & Assessing Patients' Assets, Risks & Experiences

- Completed by parent/guardian



PRAPARE®: Protocol for Responding to and Assessing Patient Assets, Risks, and Experiences
Paper Version of PRAPARE® for Implementation as of September 2, 2016

Personal Characteristics

1. Are you Hispanic or Latino?

| | | |
|-----|----|--------------------------------------|
| Yes | No | I choose not to answer this question |
|-----|----|--------------------------------------|

2. Which race(s) are you? Check all that apply

| | |
|--------------------------------------|----------------------------------------|
| Asian Pacific Islander | Native Hawaiian Black/African American |
| White | American Indian/Alaskan Native |
| Other (please write): _____ | |
| I choose not to answer this question | |

3. At any point in the past 2 years, has season or migrant farm work been your or your family's main source of income?

| | | |
|-----|----|--------------------------------------|
| Yes | No | I choose not to answer this question |
|-----|----|--------------------------------------|

4. Have you been discharged from the armed forces of the United States?

| | | |
|-----|----|--------------------------------------|
| Yes | No | I choose not to answer this question |
|-----|----|--------------------------------------|

5. What language are you most comfortable speaking?

Family & Home

6. How many family members, including yourself, do you currently live with? _____

I choose not to answer this question

7. What is your housing situation today?

| |
|-----------------------------------------------------------------------------------------------------------------------------------------|
| I have housing |
| I do not have housing (staying with others, in a hotel, in a shelter, living outside on the street, on a beach, in a car, or in a park) |
| I choose not to answer this question |

8. Are you worried about losing your housing?

| | | |
|-----|----|--------------------------------------|
| Yes | No | I choose not to answer this question |
|-----|----|--------------------------------------|

9. What address do you live at?
Street: _____
City, State, Zip code: _____

Money & Resources

10. What is the highest level of school that you have finished?

| | |
|------------------------------|--------------------------------------|
| Less than high school degree | High school diploma or GED |
| More than high school | I choose not to answer this question |

11. What is your current work situation?

| | | |
|------------------------------------------------------------------------------------------------------|-----------------------------|----------------|
| Unemployed | Part-time or temporary work | Full-time work |
| Otherwise unemployed but not seeking work (ex: student, retired, disabled, unpaid primary caregiver) | | |
| Please write: _____ | | |
| I choose not to answer this question | | |

12. What is your main insurance?

| | |
|-----------------------------------|-------------------------------|
| None/uninsured | Medicaid |
| CHIP/Medicaid | Medicare |
| Other public insurance (not CHIP) | Other Public Insurance (CHIP) |
| Private insurance | |

13. During the past year, what was the total combined income for you and the family members you live with? This information will help us determine if you are eligible for any benefits.

I choose not to answer this question

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Screening Tool: Hunger Vital Sign

- “Within the past 12 months we worried whether our food would run out before we got money to buy more.”
- “Within the past 12 months the food we bought just didn’t last and we didn’t have money to get more.”

Completed by Parent/guardian or adolescent



Screening Tool: RAAPS

Rapid Assessment for Adolescent Preventive Services



Scientifically Validated



21 Questions



5 Minutes



6 Risk Categories

Completed by Adolescent

MANY MORE Screening Tools:

- Accountable Health Communities Health-Related Social Needs (AHC-HRSN)
- Adverse Childhood Experiences (ACEs)
- Children's HealthWatch
- Health Begins
- Health Leads
- I-Help
- Income, Housing, Education, Legal Status, Literacy, Personal Safety (IHELLP) Questionnaire
- Institute of Medicine (IOM)
- Legal Checkup
- Medical-Legal Partnership (MLP)
- Partners in Health Survey
- Safe Environment for Every Kid (SEEK)
- Seek PQ-R
- Social History Template
- Social Needs Checklist
- Structural Vulnerability Assessment Tool
- Survey of Well-being of Young Children (SWYC)
- Urban Life Stressors Scale (ULSS)
- We Care
- Well Rx
- Women's Health Questionnaire
- Your Current Life Situation (YCLS)

Why Screen Adolescents? - Nation wide study

| | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Over 1000 youths in a nation wide study felt it was necessary and important to ask about social determinants of health (SDOH) issues</p> | <p>The feelings of embarrassment and fear highlight the need for a genuine approach and patient comfort to disclose sensitive topics</p> |
| <p>Teens prefer to have universal screenings may be hesitant to seek assistance for social determinants of health (SDOH) concerns due to:</p> <ul style="list-style-type: none">• embarrassment, fear, cost, lack of access to resources and a lack of knowledge of how or where to seek help | <p>Electronic screening may help reveal sensitive issues</p> <p>Teens understood correlation between social determinants of health (SDOH) concerns, their health and the medical care they receive</p> |

TIPS to choosing the right Screening Tool....

- Short and Simple
- Target your questions to the need of your population
 - Watch out for too broad or too narrow of questions.
- Integrate screening tool into clinical workflow
- Ask your patient to prioritize their needs –
 - Do they want help?
 - What are their goals or concerns?
- Pilot before scaling – no standardized screening tool
 - Evaluate the one you have chosen to see if it is a good fit.

Teen SDOH Screening Tool with possible crosswalk to ICD 10 “Z” codes

| | | | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----------|-------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Does your family have difficulty getting to a big grocery store? | Often | Sometimes | Never | Z59.4 Lack of adequate food Z59.82 Transportation insecurity |
| “In the past month, was there any day when you or anyone in your family went hungry because you did not have enough money for food?” | Often | Sometimes | Never | Z59.4 Lack of adequate food Z59.5 Extreme poverty Z59.6 Low income |
| Do you remember a time in the last 12 months when you stayed home from school because you needed to watch your brother or sister so that your mom or dad could go to work? | Often | Sometimes | Never | Z55.1 Schooling unavailable and unattainable |
| In the last 12 months did you ever miss a doctor’s appointment because you did not have a way to get there? | Often | Sometimes | Never | Z59.82 Transportation insecurity |
| In the last 12 months I have had arguments with teachers and students and get into trouble. | Often | Sometimes | Never | Z55.4 Educational maladjustment and discord with teachers and classmates |
| I have been excluded from social events because of the way I look, or behave? | Often | Sometimes | Never | Z60.4 Social exclusion and rejection (exclusion & rejection on basis of personal characteristics such as unusual physical appearance, illness or behavior or social isolation) |
| In the past 12 months my parents leave me alone for more than 24 hours? | Often | Sometimes | Never | Z62.0 Inadequate parental supervision and control. |

Developed by Maureen Murphy and Suzanne Luggen

These questions are screening tools only!

Do not create ICD diagnosis without validating with deeper conversation otherwise you may misidentify patients



| | | | |
|------------------------------------------------------------------------------------------------------------------------------------|-----|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| I live in an area that does not have good internet connections. | Yes | No | Z58.81 Basic services unavailable in physical environment (Unable to obtain utilities, due to inadequate physical environment, Unable to obtain internet service, due to unavailability in geographic area, Unable to obtain telephone service, due to unavailability in geographic area. |
| I have failed school classes before? | Yes | No | Z55.2 Failed school examinations Z55.3 Underachievement in school |
| Do you remember a time in the last 12 months when you did not have heat or electricity in the house, because no one paid the bill? | Yes | No | Z59.13 Inadequate housing utilities (lack of electricity services, lack of gas services, lack of oil services, lack of water services. |

Developed by Maureen Murphy and Suzanne Luggner

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Do not create ICD diagnosis without validating with deeper conversation otherwise you may misidentify patients

Teen SDOH Screening Tool with possible crosswalk to ICD 10 “Z” codes

| | | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| In the last 12 months, have you ever used a cooking stove to heat the house/apartment? | Yes | No | Z59.12 Inadequate environmental temperature (Lack of air conditioning or Lack of heating) Z59.13 Inadequate housing utilities (lack of electricity services, lack of gas services, lack of oil services, lack of water services. |
| Do you think you are at risk of becoming homeless? | Yes | No | Z59.81 Housing instability, (housed Foreclosure on home loan; Past due on rent or mortgage; Unwanted multiple moves in the last 12 months) Z59.811 Housing instability, (housed, with risk of homelessness or Imminent risk of homelessness) Z59.812 Housing instability, (housed, homelessness in past 12 months) Z59.819 Housing instability, housed unspecified |
| Do you find yourself “couch surfing” moving around often from family and friend’s homes and staying with them, perhaps sleeping on their couch. | Yes | No | Z59.81 Housing instability, (housed Foreclosure on home loan; Past due on rent or mortgage; Unwanted multiple moves in the last 12 months) Z59.811 Housing instability, (housed, with risk of homelessness or Imminent risk of homelessness) Z59.812 Housing instability, (housed, homelessness in past 12 months) |
| In the past I have experienced a personal history of child or sexual abuse? | Yes | No | Z62.81 Personal history of abuse in childhood |
| In the last 12 months my family has had a stressful life event. | Yes | No | Z63.7 Other stressful life events affecting family and household |
| In the last 12 months my family has had someone in jail. | Yes | No | Z65.8 Other specified problems related psychosocial circumstances |

Developed by Maureen Murphy and Suzanne Luggner

These questions are screening tools only!

Do not create ICD diagnosis without validating with deeper conversation otherwise you may misidentify patients

Z-Codes specific to Social Determinants of Health - Job Aid for easy work flow process!

Table 1. Job Aide SDOH “Z” Codes

| <u><i>Problems related to education and literacy</i></u> | <u><i>Problems related to employment and unemployment</i></u> | <u><i>Occupational exposure to risk factors</i></u> | <u><i>Problems related to physical environment</i></u> | <u><i>Problems related to housing and economic circumstances</i></u> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Z Code Z55 | Z Code Z56 | Z Code Z57 | Z Code Z58 | Z Code Z59 |
| <p>Z55.0 Illiteracy and low-level literacy</p> <p>Z55.1 Schooling unavailable and unattainable</p> <p>Z55.2 Failed school examinations</p> <p>Z55.3 Underachievement in school</p> <p>Z55.4 Educational maladjustment and discord with teachers and classmates</p> <p>Z55.5 Less than a high school diploma</p> <p>Z55.6 Problems related to health literacy, difficulty understanding health related information, difficulty understanding medication instructions, problem completing medical forms.</p> <p>Z55.8 Other problems related to education and literacy</p> <p>Z55.9 Problems related to education and literacy, unspecified</p> | <p>Z56.0 Unemployment, Unspecified</p> <p>Z56.1 Change of job</p> <p>Z56.2 Threat of job loss</p> <p>Z56.3 Stressful work schedule</p> <p>Z56.4 Discord with boss and workmates</p> <p>Z56.5 Uncongenial work environment</p> <p>Z56.6 Other physical and mental strain related to work</p> <p>Z56.8 Other problems related to employment</p> <p>Z56.9 Unspecified problems related to employment</p> | <p>Z57.0 Occupational exposure to noise.</p> <p>Z57.1 Occupational exposure to radiation</p> <p>Z57.2 Occupational exposure to dust</p> <p>Z57.3 Occupational exposure to other air contaminants</p> <p>Z57.4 Occupational exposure to toxic agents in agriculture.</p> <p>Z57.5 Occupational exposure to toxic agents in other industries.</p> <p>Z57.6 Occupational exposure to extreme temperature.</p> <p>Z57.7 Occupational exposure to vibration</p> <p>Z57.8 Occupational exposure to other risk factors</p> <p>Z57.9 Occupational exposure unspecified risk factor</p> | <p>Z58.81 Basic services unavailable in physical environment (Unable to obtain utilities, due to inadequate physical environment, Unable to obtain internet service, due to unavailability in geographic area, Unable to obtain telephone service, due to unavailability in geographic area</p> <p>Z58.6 Inadequate drinking-water supply</p> <p>Z58.89 Other problems related to physical environment</p> | <p>Z59.0 homelessness</p> <p>Z59.10 Inadequate housing, unspecified</p> <p>Z59.11 Inadequate housing environmental</p> <p>Z59.12 Inadequate environmental temperature (Lack of air conditioning or Lack of heating)</p> <p>Z59.13 Inadequate housing utilities (lack of electricity services, lack of gas services, lack of oil services, lack of water services</p> <p>Z59.19 Other inadequate housing</p> <p>Z59.2 Discord with neighbors, lodgers and landlord</p> <p>Z59.3 Problems related to living in residential institution</p> <p>Z59.4 Lack of adequate food</p> <p>Z59.5 Extreme poverty</p> <p>Z59.6 Low income</p> <p>Z59.7 Insufficient social insurance and welfare support unspecified</p> <p>Z59.71 Insufficient health insurance coverage</p> <p>Z59.79 Other insufficient social insurance and welfare support</p> <p>Z59.8 Other problems related to housing and economic circumstances</p> <p>Z59.81 Housing instability, (housed Foreclosure on home loan; Past due on rent or mortgage; Unwanted multiple moves in the last 12 months)</p> <p>Z59.811 Housing instability, (housed, with risk of homelessness or Imminent risk of homelessness)</p> <p>Z59.812 Housing instability, (housed, homelessness in past 12 months)</p> <p>Z59.819 Housing instability, housed unspecified</p> <p>Z59.82 Transportation insecurity</p> <p>Z59.86 financial insecurity</p> <p>Z59.87 Material hardship</p> <p>Z59.9 Problem related to housing and economic circumstance</p> |

Reviewed 5/30/23 – May not be all inclusive of all SDOH codes

Z-Codes specific to Social Determinants of Health - Job Aid for easy work flow process!

| <u><i>Problems related to social environment</i></u> | <u><i>Problems related to upbringing</i></u> | <u><i>Other problems related to primary support group, including family circumstances</i></u> | <u><i>Problems related to certain psychosocial circumstances</i></u> | <u><i>Problems related to other psychosocial circumstances</i></u> |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Z Code Z60 | Z Code Z62 | Z Code Z63 | Z Code Z64 | Z Code Z65 |
| <p>Z60.0 Problems of adjustment to life-cycle transitions</p> <p>Z60.2 Problems related living alone</p> <p>Z60.3 Acculturation difficulty</p> <p>Z60.4 Social exclusion and rejection (exclusion & rejection on basis of personal characteristics such as unusual physical appearance, illness or behavior or social isolation)</p> <p>Z60.5 Target of (perceived) adverse discrimination and persecution</p> <p>Z60.8 Other problems related to social environment</p> <p>Z60.9 Problems related to social environment, unspecified</p> | <p>Z62.0 Inadequate parental supervision and control</p> <p>Z62.1 <u>Parental overprotection</u></p> <p>Z62.2 Upbringing away from parents</p> <p>Z62.3 <u>Hostility towards</u> and scapegoating of <u>child</u></p> <p>Z62.6 Inappropriate (excessive) <u>parental pressure</u></p> <p>Z62.8 Other specified problems related to <u>upbringing</u></p> <p>Z62.81 <u>Personal history of abuse in childhood</u></p> <p>Z62.814 New code Personal history of child financial abuse</p> <p>Z62.815 New code Personal history of intimate partner abuse in childhood</p> <p>Z62.9 Problem related to upbringing, unspecified</p> | <p>Z63.0 <u>Problems in relationship with spouse or partner</u></p> <p>Z63.1 Problems in relationship with <u>in-laws</u></p> <p>Z63.3 <u>Absence of family member</u></p> <p>Z63.4 Disappearance and <u>death of family member</u></p> <p>Z63.5 Disruption of family by <u>separation and divorce</u></p> <p>Z63.6 <u>Dependent relative needing care at home</u></p> <p>Z63.7 <u>Other stressful life events affecting family and household</u></p> <p>Z63.8 Other specified problems related to primary support group.</p> <p>Z63.9 Problem related to primary support group, unspecified</p> | <p>Z64.0 Problems related to <u>unwanted pregnancy</u></p> <p>Z64.1 Problems related to multiparity</p> <p>Z64.4 <u>Discord with counselors</u></p> | <p>Z65.0. <u>Conviction in civil and criminal proceedings</u> without imprisonment</p> <p>Z65.1 Imprisonment and other incarceration</p> <p>Z65.2 Problems related to release from prison</p> <p>Z65.3 Problems related to other legal circumstances</p> <p>Z65.4 <u>Victim of crime</u> and terrorism</p> <p>Z65.5 Exposure to <u>disaster</u>, war and other hostilities</p> <p>Z65.8 Other specified problems related psychosocial circumstances</p> <p>Z65.9 Problem related to unspecified psychosocial circumstances</p> |

USING Z CODES:

The Social Determinants of Health (SDOH) Data Journey to Better Outcomes

What are
Z
codes

SDOH-related Z codes ranging from Z55-Z65 are the ICD-10-CM encounter reason codes used to document SDOH data (e.g., housing, food insecurity, transportation, etc.).

SDOH are the conditions in the environments where people are born, live, learn, work, play, worship and age.



Step 1 Collect SDOH Data

Any member of a person's care team can collect SDOH data during any encounter.

- Includes providers, social workers, community health workers, case managers, patient navigators, and nurses.
- Can be collected at intake through health risk assessments, screening tools, person-provider interaction, and individual self-reporting.

Step 2 Document SDOH Data

Data are recorded in a person's paper or electronic health record (EHR).

- SDOH data may be documented in the problem or diagnosis list, patient or client history, or provider notes.
- Care teams may collect more detailed SDOH data than current Z codes allow. These data should be retained.
- Efforts are ongoing to close Z code gaps and standardize SDOH data.

Step 3 Map SDOH Data to Z Codes

Assistance is available from the ICD-10-CM Official Guidelines for Coding and Reporting.¹

- Coding, billing, and EHR systems help coders assign standardized codes (e.g., Z codes).
- Coders can assign SDOH Z codes based on self-reported data and/or information documented by any member of the care team if their documentation is included in the official medical record.²

Step 4 Use SDOH Z Code Data

Data analysis can help improve quality, care coordination, and experience of care.

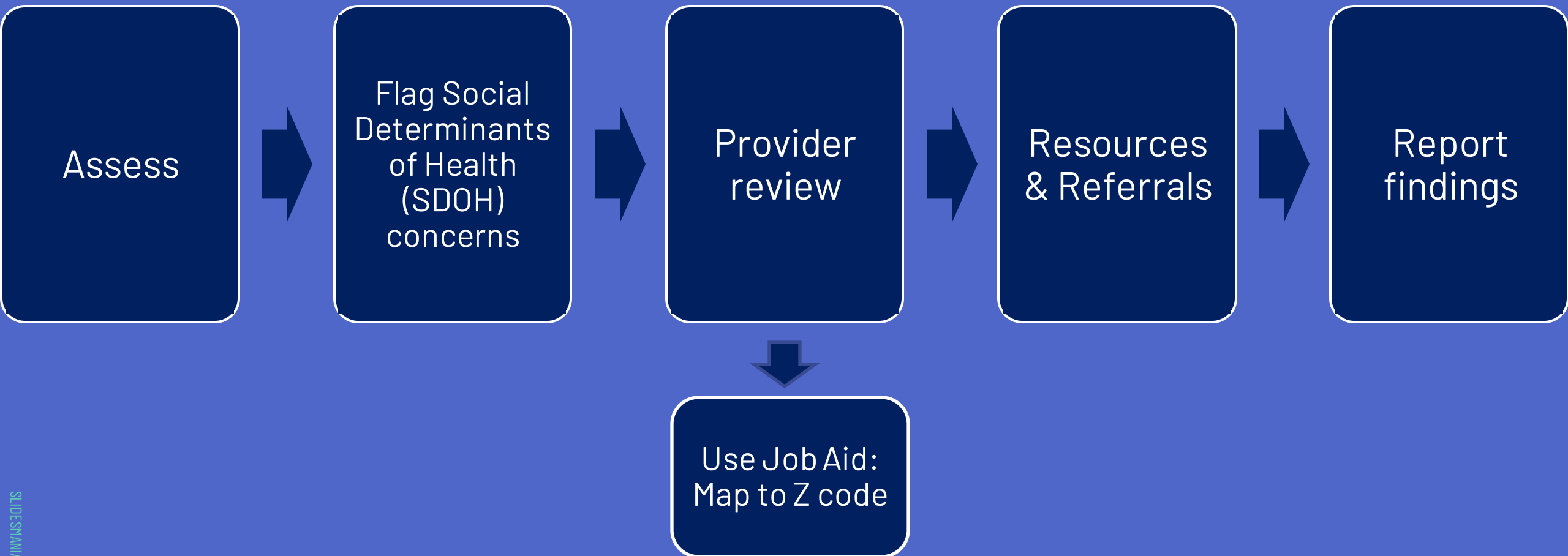
- Identify individuals' social risk factors and unmet needs.
- Inform health care and services, follow-up, and discharge planning.
- Trigger referrals to social services that meet individuals' needs.
- Track referrals between providers and social service organizations.

Step 5 Report SDOH Z Code Data Findings

SDOH data can be added to key reports for executive leadership and Boards of Directors to inform value-based care opportunities.

- Findings can be shared with social service organizations, providers, health plans, and consumer/patient advisory boards to identify unmet needs.
- A Disparities Impact Statement can be used to identify opportunities for advancing health equity.

Clinical Flow



Case Scenarios... Practice

- Together we will create a mock process for screening
 - Think about how a clinic would logistically screen for social determinants of health (SDOH)
- Read the case scenario
- This information is what you have gathered from the screening tool and further discussion with the patient
- We then will use the Job Aid (provided) and map to Z codes
- Identify a realistic local resource (make this up for the scenario)
- We then will discuss how this information will benefit your practice and patients as you look to collecting the data and its potential use for an evaluative component of a needs assessment.
- Have Fun and collaborate!

Case Scenario:

Aaron is a 16-year-old boy visiting your school-based clinic today for ear pain x 1 week. He lives at home in Staten Island (NY) with his mom and 3 sisters. His father is incarcerated, and he hasn't seen him in 3 years. Through the use of an in-office social determinants of health (SDOH) self-assessment tool, he reports that he started working at a concrete company last summer to help his mom with the bills. They provide him with earplugs, but he admits that he doesn't always wear them. He reported that his mom doesn't always have enough money to pay the electric bill each month.



Case Scenario:

Aaron is a 16-year-old boy visiting your school-based clinic today for ear pain x 1 week. He lives at home in Staten Island (NY) with his mom and 3 sisters. **His father is incarcerated, and he hasn't seen him in 3 years.** Through the use of an in-office social determinants of health (SDOH) self-assessment tool, he reports that he started **working at a concrete company last summer to help his mom with the bills. They provide him with earplugs, but he admits that he doesn't always wear them.** He reported that his mom doesn't always have enough money to **pay the electric bill** each month.



Z Codes

Z57.0 Occupational exposure to noise.

Z63.3 Absence of family member

Z55.8 Other problems related to education and literacy

Z59.86 Financial insecurity

Case Scenario:

Carlos is a 15-year-old adolescent male who is visiting your school-based clinic for the first time today. He lives with his father and mother in migrant housing on an area farm, where his parents and other family members are currently working, harvesting the late summer vegetables. He has complaints of persistent abdominal pain starting about three weeks ago. He notes that he has just started 9th grade and is one year behind in school because his family moves around a few times a year and he failed a few final exams at the end of the last school year. He is having a hard time adapting to this new school and making friends. When asked about the abdominal pain, he states that he lives with 4 other families besides his parents in a 4-bedroom home. The house has electricity and running water, but no heat or A/C. He also notes that he does not have internet access because it is not available on the farm due to how rural it is. He also discloses that while he is a US citizen, both of his parents are not, and he does not have health insurance.



Case Scenario:

Carlos is a 15-year-old adolescent male who is visiting your school-based clinic for the first time today. He lives with his father and mother in **migrant housing on an area farm**, where his parents and other family members are currently working, harvesting the late summer vegetables. He has complaints of persistent abdominal pain starting about three weeks ago. He notes that **he has just started 9th grade and is one year behind in school** because his **family moves around a few times a year and he failed a few final exams** at the end of the last school year. He is having a **hard time adapting to this new school and making friends**. When asked about the abdominal pain, he states that he lives with 4 other families besides his parents in a 4-bedroom home. The house has electricity and running water, but **no heat or A/C**. He also notes that he **does not have internet access because it is not available** on the farm due to how rural it is. He also discloses that while he is a US citizen, both of his parents are not, and **he does not have health insurance**.



Z Codes

Z55.2 Failed school examinations

Z55.3 Underachievement in school

Z58.81 Basic services unavailable in physical environment

Z59.12 Inadequate environmental temperature (Lack of air conditioning or lack of heating)

Z59.71 Insufficient health insurance coverage

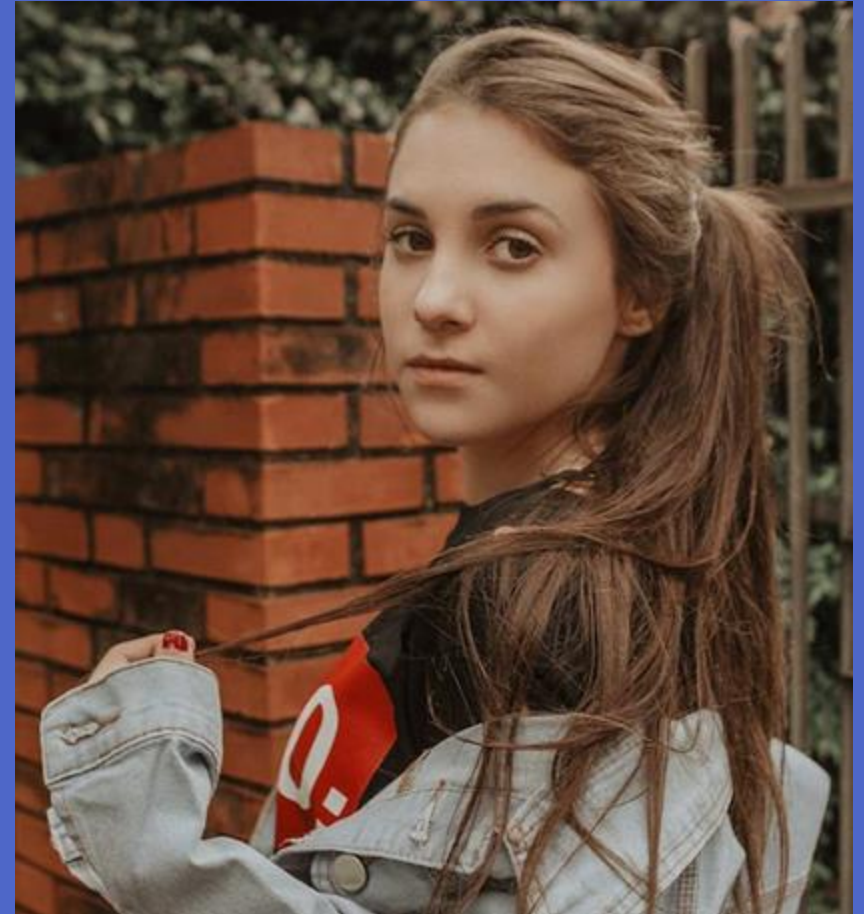
Z59.819 Housing instability; housed unspecified.

Z60.3 Acculturation difficulty

Z60.4 Social exclusion and rejection (exclusion & rejection on basis of personal characteristics such as unusual physical appearance, illness or behavior or social isolation)

Case Scenario:

Sarah is a 16-year-old adolescent female visiting your clinic because of persistent headaches x 1 month. While talking with the Medical Assistant (MA), she states that she has been living with her grandparents for the past three years after her mom died. Now, her grandmother has advanced dementia, and she has been spending most of her free time outside of school caring for her. She notes that she wears glasses but the ones she had got broken, and she has not been back to the eye doctor for a check-up in about 4 years.



Case Scenario:

Sarah is a 16-year-old adolescent female visiting your clinic because of persistent headaches x 1 month. While talking with the Medical Assistant, she states that she has been **living with her grandparents** for the past three years after her **mom died**. Now, her **grandmother has advanced dementia, and she has been spending most of her free time outside of school caring for her**. She notes that she **wears glasses but the ones she had got broken, and she has not been back to the eye doctor for a check-up in about 4 years**.



Z Codes

Z62.2 Upbringing away from parents

Z63.3 Absence of family member

Z63.4 Disappearance and death of family member

Z63.6 Dependent relative needing care at home

Z59.79 Other insufficient social insurance and welfare support

Case Scenario:

Eric is a 14-year-old boy visiting the school-based health clinic for his yearly sports physical. He notes that he is planning to play on the 9th grade football team, however he has previously gotten into some trouble at school, and he is not sure that he will be allowed to play. He is living with his third set of foster parents since being removed from his parents one year ago. He has two other siblings living with another foster family, and they see each other for an afternoon every two weeks. He remarks that he has had some low grades which might be a barrier to participating in sports. Last year he got into a fight at school, resulting in a suspension and the end of the relationship with his former foster family.



Case Scenario:

Eric is a 14-year-old boy visiting the school-based health clinic for his yearly sports physical. He notes that he is planning to play on the 9th grade football team, however he has **previously gotten into some trouble at school**, and he is not sure that he will be allowed to play. He is **living with his third set of foster parents since being removed from his parents one year ago**. He has **two other siblings living with another foster family**, and they see each other for an afternoon every two weeks. He remarks that he has had some **low grades** which might be a barrier to participating in sports. Last year he got into a **fight at school**, resulting in a suspension and the end of the relationship with his former foster family.



Z Codes

- Z55.2 Failed school examinations
- Z55.3 Underachievement in school
- Z55.4 Educational maladjustment and discord with teachers and classmates
- Z62.2 Upbringing away from parents
- Z60.8 Other problems related to social environment
- Z63.9 Problem related to primary support group, unspecified
- Z63.3 Absence of family member

Case Scenario:

Denise is a 17-year-old visiting your clinic for STI testing. She is 5 months pregnant. When being roomed by the Medical Assistant (MA), Denise tearfully states that this is her second pregnancy, and she doesn't know how it happened as she was using "protection." Her mother is raising her first child. She said that she is no longer with her baby's father, that the relationship was "chaotic and I'm glad to be away from him because he used to hurt me." States she has low family support, and is currently living with a friend, but "I'm just couch-surfing. I hope to get my own place soon."



Case Scenario:

Denise is a 17-year-old visiting your clinic for STI testing. She is **5 months pregnant**. When being roomed by the Medical Assistant (MA), Denise tearfully states that this is her second pregnancy, and she **doesn't know how it happened as she was using "protection."** Her mother is raising her first child. She said that she is **no longer with her baby's father, that the relationship was "chaotic and I'm glad to be away from him because he used to hurt me."** States she has **low family support**, and is currently living with a friend, but **"I'm just couch-surfing. I hope to get my own place soon."**



Z Codes

- Z64.0 Problems related to unwanted pregnancy.
- Z63.0 Problems in relationship with spouse or partner
- Z55.6 Problems related to health literacy, difficulty understanding health related information, difficulty understanding medication instructions, problem completing medical forms.
- Z59.811 Housing instability (housed, with risk of homelessness or Imminent risk of homelessness)
- Z62.815 Personal history of intimate partner abuse in childhood

Case Scenario:

Tarek is a 16-year-old male who recently moved with his family from Ukraine. He visits your clinic today seeking information about how to get his asthma medications refilled. He speaks English but has been identified as able to read at a 5th grade level. For the past year, he has not been able to attend school in his country. He is living in ministry-supported housing with his family as they become established in this community. At this time, they do not have a personal vehicle and rely on public transportation. He states that his parents are in the process of getting work visas, so money is very tight. He feels like he is adjusting to school ok, but does not have any friends yet, despite having been in school for three weeks. He feels a little isolated but is hopeful about his future.



Case Scenario:

Tarek is a 16-year-old male who recently **moved with his family from Ukraine**. He visits your clinic today seeking information about how to get his asthma medications refilled. He speaks English but has been identified as able to **read at a 5th grade level**. For the past year, he **has not been able to attend school in his country**. He is **living in ministry-supported housing** with his family as they become established in this community. At this time, they **do not have a personal vehicle and rely on public transportation**. He states that his parents are **in the process of getting work visas**, so money is very tight. He feels like he is adjusting to school ok, but **does not have any friends yet**, despite having been in school for three weeks. He feels a little isolated but is hopeful about his future.



Z Codes

Z55.0 Illiteracy and low-level literacy
Z55.1 Schooling unavailable and unattainable
Z59.819 Housing instability; housed unspecified.
Z59.82 Transportation insecurity
Z59.86 Financial insecurity
Z60.8 Other problems related to social environment
Z59.87 Material hardship

How to use this Data? Needs Assessments

- **Focused** needs assessment
 - Aggregating data – helps prove a need!
 - Grants, policy, health education, care coordination, partnership needs!
 - “Z” codes can help!
-
- **Comprehensive** Needs assessment
 - “Z” codes can help!



Comprehensive Needs Assessment

Characteristics of the population

- Estimated census any historical changes?
- Life expectancy
- Median age both for males and females
- Racial and ethnic breakdown
- Religious composition
- Economic concerns
- Unemployment
- Predominant language
- High school graduates - literacy
- Transportation concerns
- Other challenges

Environment

- Square miles and population density
- Public transit system
- Housing (single family homes%, Rentals %? Avg median house, distressed or low income housing?)
- Important leaders for the community investing in the community?
- Crime rate?
- Police ratio –
- Fire department
- Hospitals
- Politics – Advisory groups? Council meetings
- Parks recreation area
- Community gardens? Soil contamination? Food desert?
- Air quality

Health Status of the Population

- Social Determinants of Health (SDOH) concerns
 - Social vulnerability index if applicable?
 - Environmental Justice Index (<https://www.atsdr.cdc.gov/placeandhealth/eji/index.html>)
 - Major determinants of health
 - Any environmental injustice? (for exp. Lead, air soil pollution)
 - Immunization rates?
- County ranking
- Mortality and morbidity
- All cause death rate
- Ten leading causes of death (compare to state and national levels)
- Health behaviors that promote health life?
 - Exercise, tobacco for example
- Any health disparities to these comparisons?

Comprehensive Needs Assessment

Factors affecting health and the impact

- Employment opportunities – types – unions?
- Occupational hazards
- Networks of support (for example, Block clubs, community groups, business owners, faith and school leaders)

Community/population health perspective

- Interviews

Develop and Disseminate Recommendations

- Proposed intervention – with a Strengths, Weaknesses, Opportunities, and Threats (SWOT) and logic model

“Life isn’t about waiting for the storm to pass. It’s about learning to dance in the rain.”

Vivian Greene

ANY QUESTIONS???



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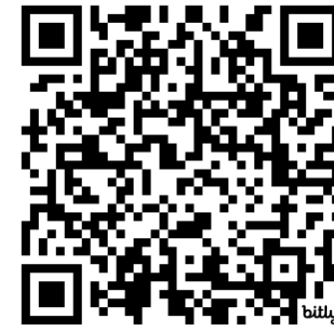


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