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JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Through Joint Accreditation, credits are also available under the following bodies:

- American Academy of PAs (AAPA)
- American Dental Association's Continuing Education Recognition Program (ADA CERP)
- American Psychological Association (APA)
- Association of Social Work Boards (ASWB)
- Commission on Dietetic Registration (CDR)

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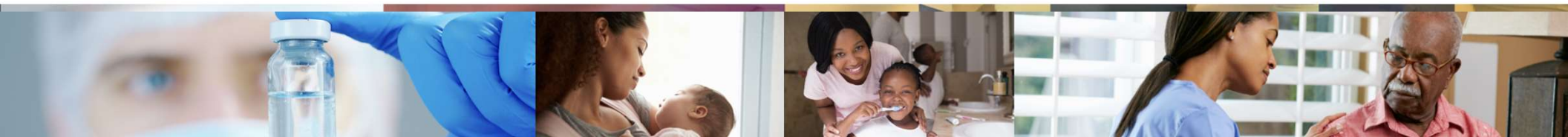
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Incorporating Community Service Partners in SBHCs

2024 National School-Based Health Care Conference
Engaging Communities, Fostering Partnerships

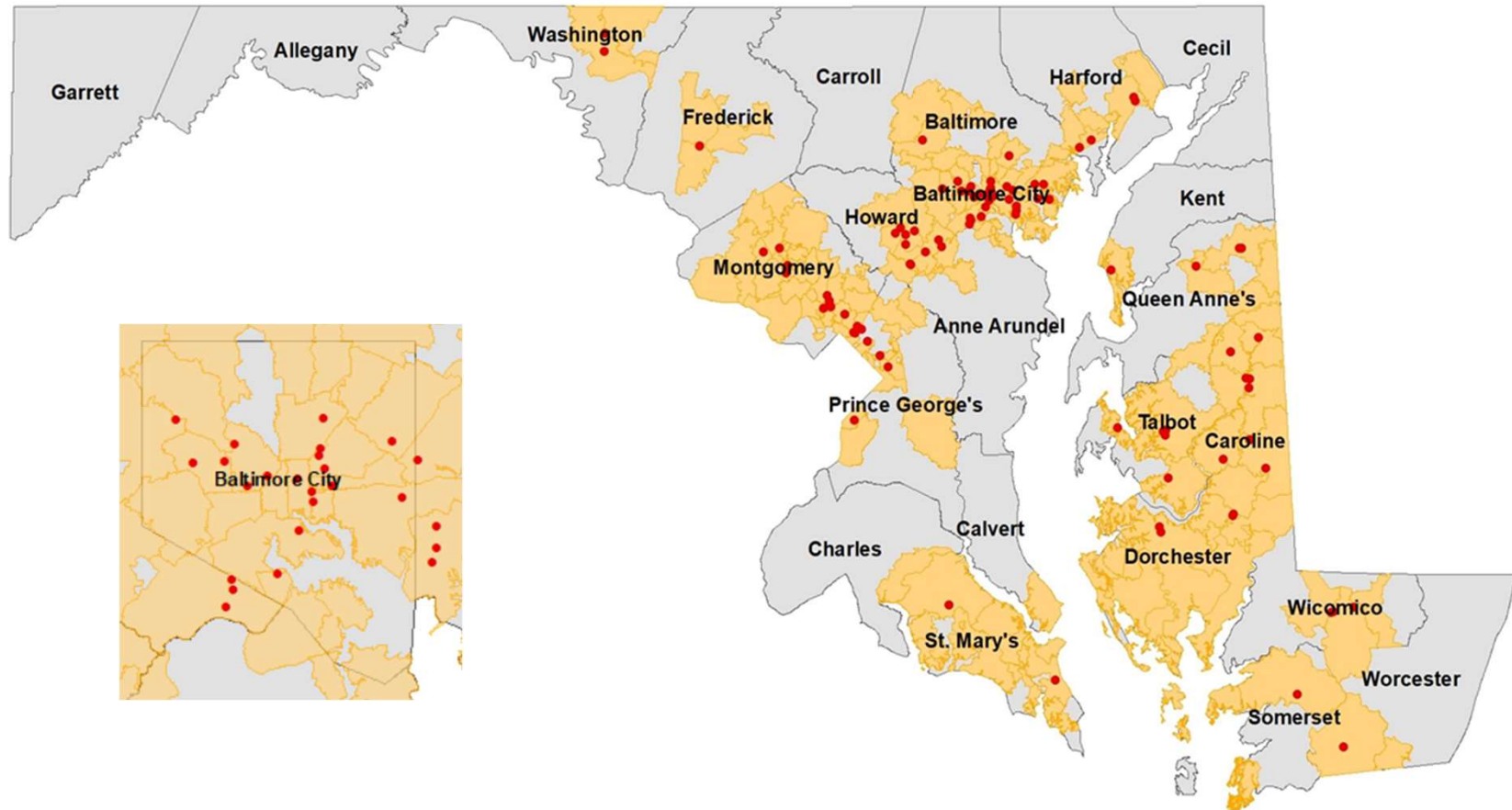
July 1, 2024



Objective

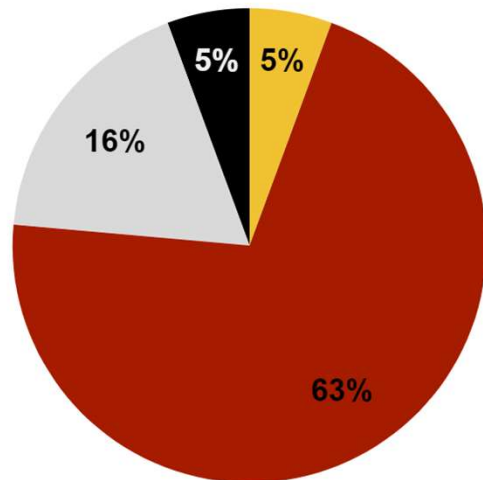
The Participant will be able to share ways of incorporating community service partnerships in the collaboration needed for a successful school-based health center.

SBHCs in Maryland

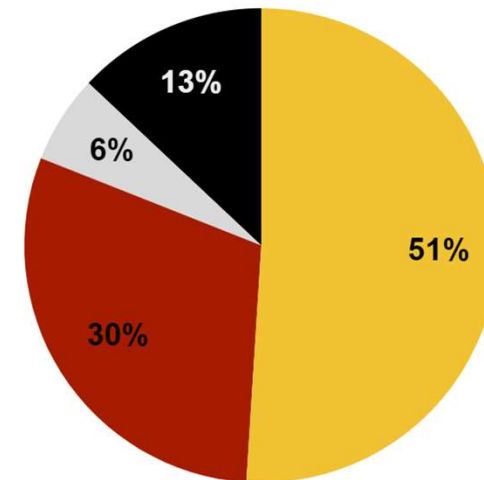


SBHC Sponsorship in Maryland

National SBHC Sponsorship Type



Maryland SBHC Sponsorship Type

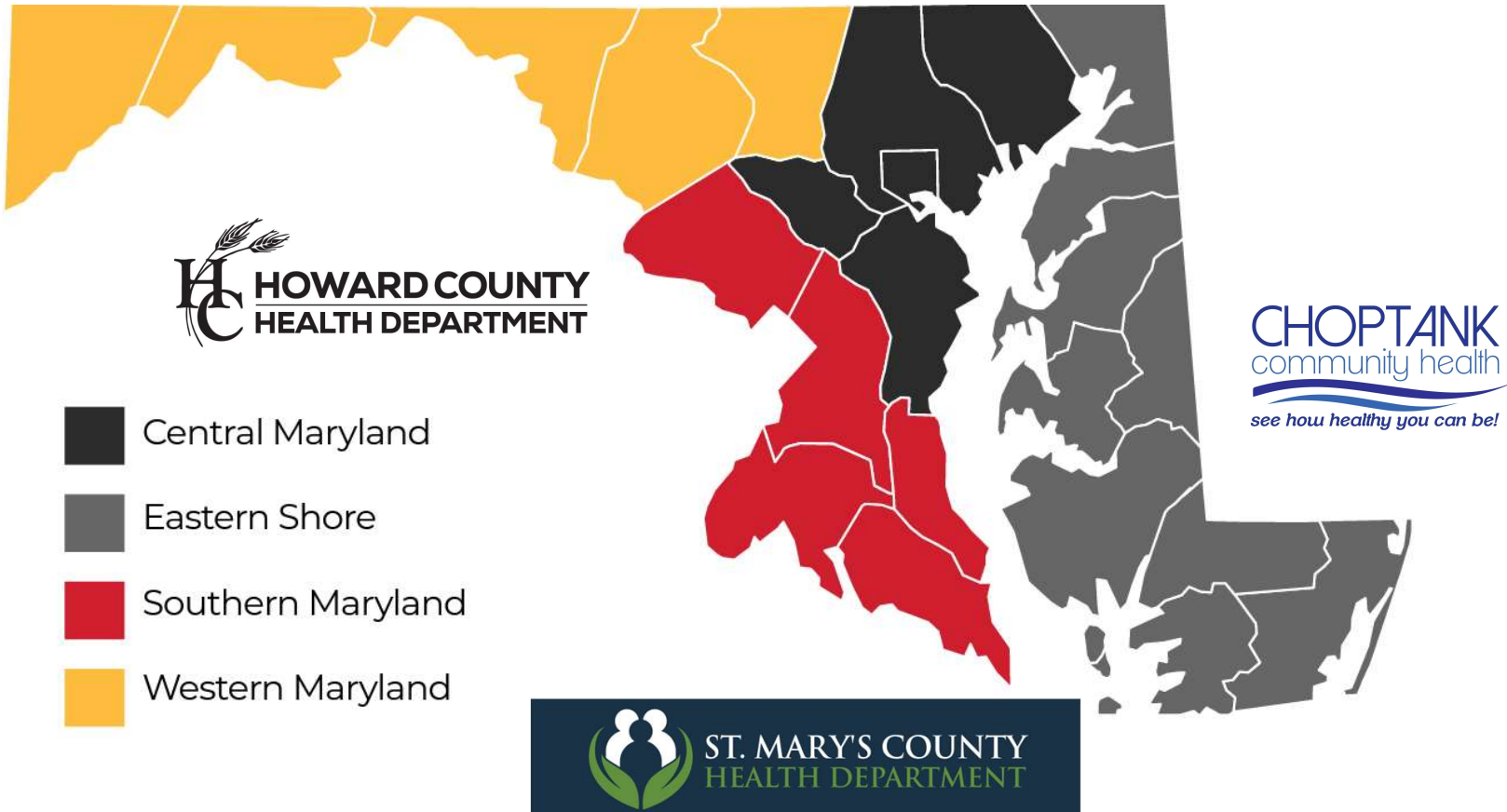


● LHD ● FQHC ● Hospital and Medical Center ● Public School

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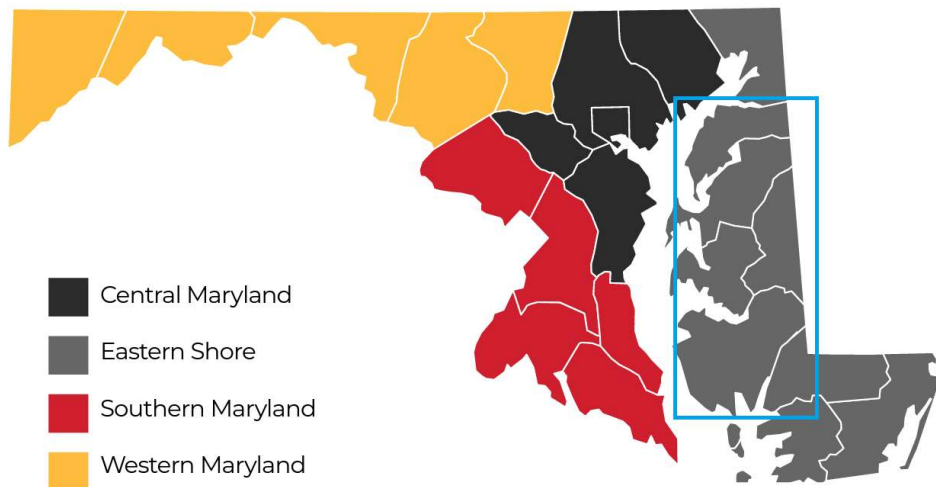
Source: [2022 National Census of School-Based Health Centers, SBHA](#)

Our Partners



Chrissy Bartz, PAC, MMS

Director of Community-Based Programs



CHOPTANK
community health
see how healthy you can be!



CLINIC BASED medical, dental services

Behavioral Health- Integrated with medical and dental services

Pediatrics- medical and dental

Women's Health/Prenatal

MAT-Medication Assisted Therapy

COMMUNITY BASED integrated medical, dental, behavioral health and nutrition services in the School-Based Health Centers

- Celebrating 25 years of SBHC services in 2024
- Currently 36 school-based sites in 5 counties
- Added behavioral health, nutrition services and additional SBHC medical sites in the 2022-2023 school year
- Additional behavioral health expansion in the 2023-2024 school year



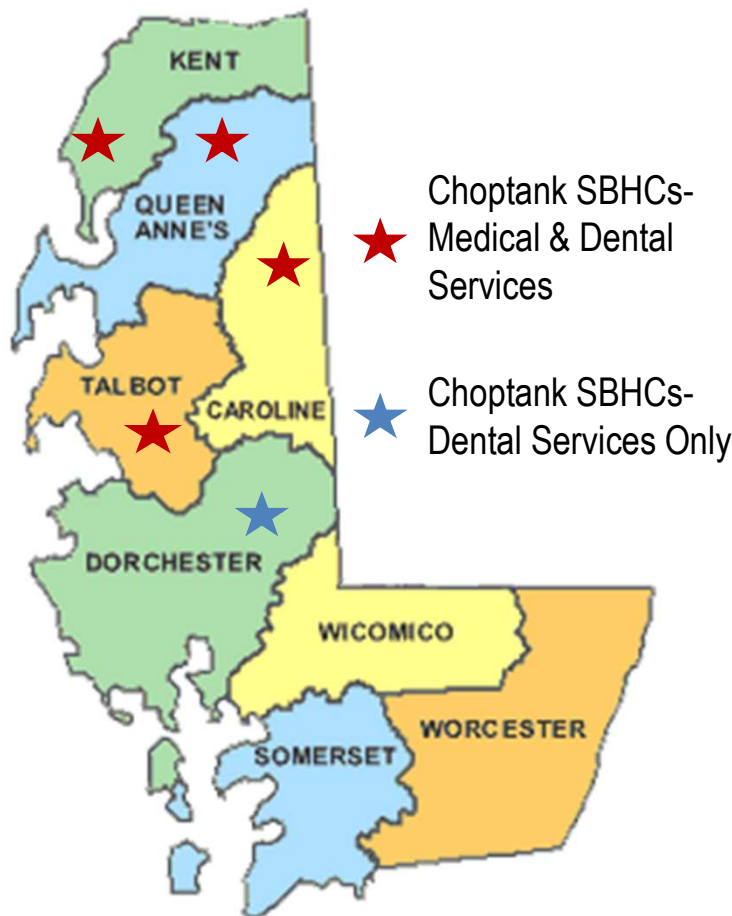
School-Based Health Centers on Maryland's Eastern Shore

Caroline County SBHCs:

Greensboro Elementary
Ridgely Elementary
Denton Elementary
Lockerman Middle
North Caroline High
Federalsburg Elementary
Preston Elementary
Colonel Richardson Middle
Colonel Richardson High

Kent County SBHC:

Rock Hall Elementary
Kent County Middle (BH only)
Kent County High (BH only)



Choptank SBHCs-
Medical & Dental
Services

Choptank SBHCs-
Dental Services Only

Queen Annes County SBHCs:

Church Hill Elementary
Sudlersville Elementary
Sudlersville Middle
Centreville Middle (BH only)
Queen Anne's County High (BH only)

Talbot County SBHCs:

Easton Elementary
White Marsh Elementary
Easton Middle
Easton High
St. Michael's Campus-
Elementary/Middle/High

Dorchester County SBHC (mobile/dental only):

Seven Elementary Schools
Two Middle Schools
Two High Schools

School-Based Dental

- Access to dental care is provided to all students enrolled in the SB Dental Program
- Each enrollee receives Oral Hygiene Instructions and Nutritional Counseling regardless of insurance status
- Dental services may include:
 - Dental Screenings
 - Dental Cleanings
 - Fluoride Varnish Treatments
 - Dental Sealants
 - Dental Emergency Referrals
 - Oral Hygiene Instructions
 - Nutritional Counseling



School-Based Dental Staff with CCHS Certified Interpreter at the Multicultural Festival in Easton, MD
(pictured left to right: Vanessa Cifuentes, Misty Moyer, DA; Sarah L. Czyz, SB Lead RDH)

School-Based Dental

- Enrollees are encouraged to continue services with their regular dental home as often as recommended for x-rays and periodic exams
- Referrals for emergency dental care due to pain and/or abscess(es) are given the option to be seen in one of Choptank's Dental Clinics or with their established dental home
- Three Choptank School-Based dental teams



Pictured above: Jennifer Insley, Talbot Co. SB Program Manager, participating in Career Day at White Marsh Elementary School



Integrated SBHC Behavioral Health

Funding for integrated School-based behavioral health services was obtained and services began in Caroline County during the 2022/2023 school year.

Expanding services in 2022/2023:

Caroline County- 2 school-based Behavioral health teams

Talbot County- 2 school-based Behavioral health teams

Expanding services in 2023/2024:

Caroline County- a 3rd school-based Behavioral health team and a Community Health Worker (CHW)

Queen Annes County- integrated Behavioral health at 3 current schools, and 2 additional sites

- 2 Behavioral Health therapists (one specializing in music therapy)

Kent County- integrated Behavioral health at current SBHC location, and 2 additional school sites

Referral process: Internal Referrals up as much as 75% in some schools post-pandemic. Students must be enrolled in the SBHC program. Integrated into the services provided in the schools with referrals from the guidance counselors and administration.

Common reasons for referral: symptoms of anxiety, ADHD, or depression, behavioral concerns, trauma, grief

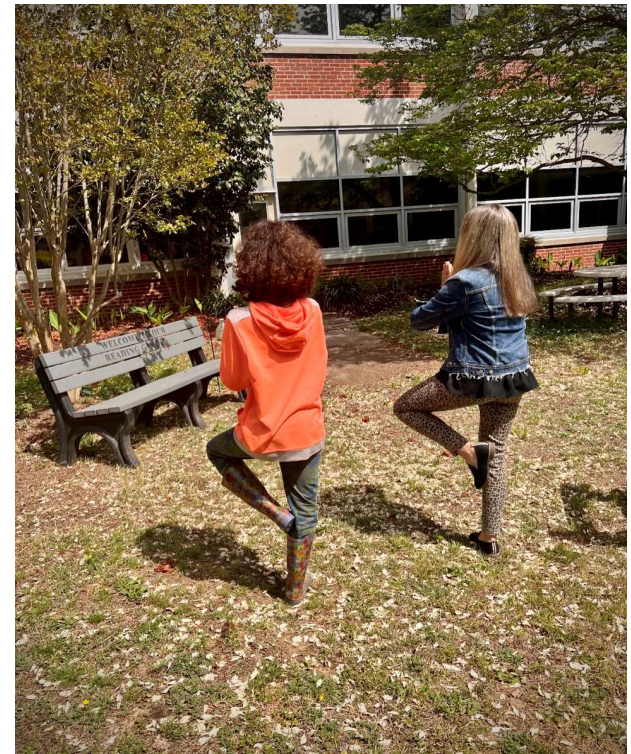
School-Based Behavioral Health

SBHC Behavioral Health Process:

- Referral is made
- Intake with Parent/guardian and student
- Patient is scheduled for ongoing appointments (weekly, bi-weekly, or monthly)

Benefits:

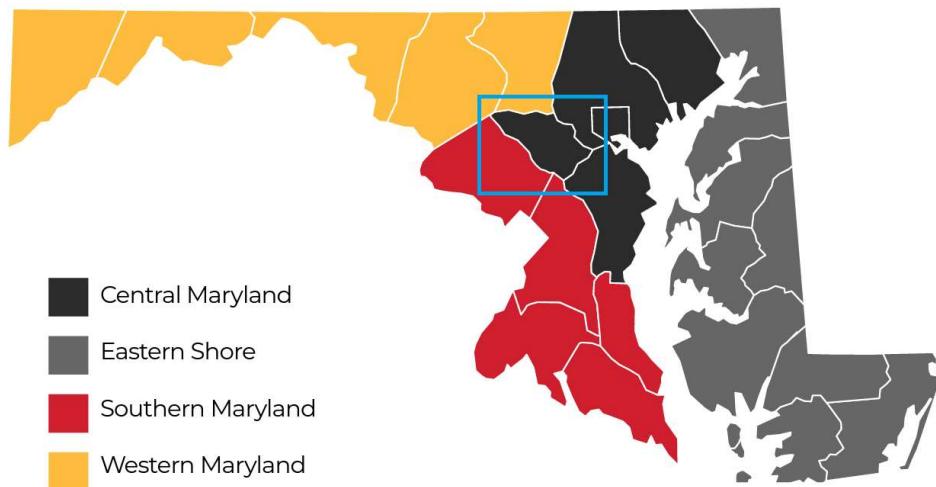
- Convenient (eliminates transportation issues/missed appointments)
- Available for crisis intervention within the school
- Provider works with patient, parent/guardian, and teachers/school staff on goals/objectives for home and school



School-based clinician, Lindsay Newcomb, LCSW-C practicing yoga with a student at FES

Ambyr Klink, CPNP-PC, MSN, BSN, RN

Program Supervisor and Pediatric Nurse Practitioner



Howard County, Maryland

- **Total Population: 336,001 (2023 estimates)**
- **Percentage of children <18 in poverty: 7.4% (2021 estimates)**
- **Wellness centers in 10 Title I Schools**
 - 7 Elementary Schools
 - 2 Middle Schools
 - 1 High School
- **Expanded to in person services to all Wellness Centers 22/23 school year**



Successful Partnerships in Howard County

- Dental referral program (FQHC and local pediatric dentist)
- Hispanic Achievement Liaisons/ Black Student Achievement Liaisons
- Student Support Team (Attendance)
- Staff at schools (Admin and Teachers)
- Telehealth (Local pediatricians)



Telehealth Program

Launched in 2014

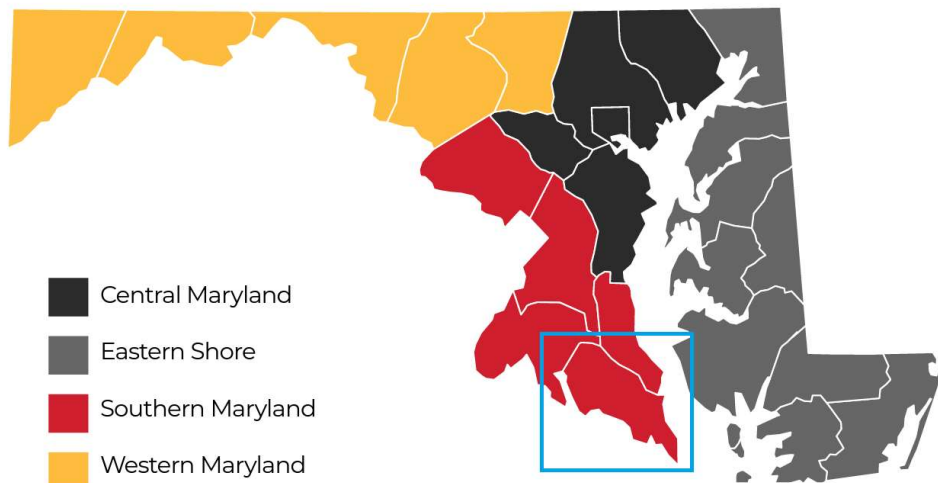
- **Comprehensive acute care**

Chronic disease management and preventive care in all schools in 2022

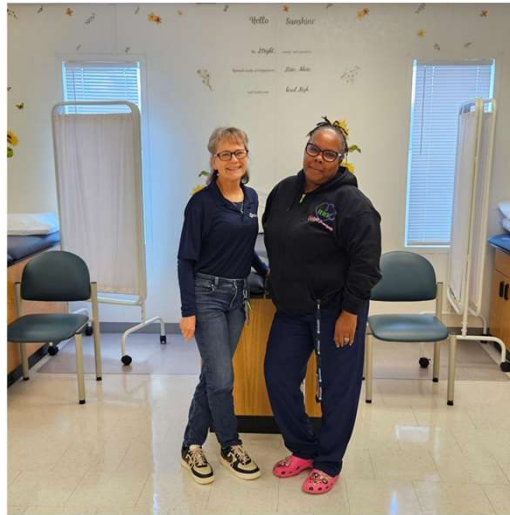


Amber Grabowski, RMA

Program Manager



School-Based Health Centers



Our County

- Collaboration with St. Mary's County Equity Task Force
 - St. Mary's County Health Department
 - St. Mary's County Sheriff's Office
 - St. Mary's County Public Schools
- Opened in the 2022-2023 School Year at
 - Spring Ridge Middle School
 - Margaret Brent Middle School



Services at our SBHCs

- Services provided 8:00am-4:30pm Monday-Friday for all students and staff at St. Mary's County Public Schools
- Services:
 - Sick visits
 - Well-child visits
 - Sports physicals
 - Medication Management
 - Childhood Vaccinations

SCHOOL BASED HEALTH CENTERS

OPEN TO ALL SMCPs
STUDENTS AND STAFF!

LEARN MORE AT: SMCHD.ORG/SBHC

SERVICES

- Sick Visits & Well Visits
- Routine and sports physicals
- Vaccinations
- Illness, Injuries, Infections, Allergic Reactions
- Help managing chronic conditions (asthma, diabetes, allergies)
- Nutrition Counseling (Group and Individual)
- Rapid onsite results for: Flu, RSV, Strep, & Covid testing; Urinalysis; Lipid panel; and Hemoglobin A1c



ENROLL
NOW FOR
FASTER
SERVICE!



PAYMENTS

- Insurance on record will be billed for services provided
- Help applying for health insurance coverage available
- Sliding fee scale program available for uninsured
- No one will be denied care if unable to pay

SAME DAY APPOINTMENTS ARE AVAILABLE
CALL TO MAKE AN APPOINTMENT

Spring Ridge Health Center
19856 Three Notch Rd
Lexington Park, MD 20653
240-434-6059
Monday - Friday 8am - 4:30 pm

Margaret Brent Health Center
29675 Point Lookout Rd
Mechanicsville, MD 20659
240-434-6060
Monday - Friday 8am - 4:30 pm



How do you partner with the community in a unique way?

Engaging the Community

- ✓ Local Outreach Events
- ✓ Hosting clinics for community
 - Back to school vaccine clinics
 - Freshman Orientation Nights and Back to School Nights
- ✓ Attending events with the community and partners
- ✓ Senior Nights
- ✓ Fairs/Carnivals



FREE
EVENT

CELEBRATING ALL
EXPECTING AND
NEW PARENTS!
SIBLINGS WELCOME!



Examples of Promoting/Marketing for our School-Based Health Centers

- ✓ **Well-Check Registration** digital online enrollment for patients
 - QR codes were created and utilized for easy access
- ✓ **Promotional Items:** Commercials, flyers, social media and outreach events



ST. MARY'S COUNTY
HEALTH DEPARTMENT

SCHOOL BASED HEALTH CENTERS

- Same day sick visits
- Testing for COVID-19, flu, RSV & strep
- Annual well child visits
- Sports physicals
- Help managing chronic conditions
- Care for illness, injuries, allergic reactions, & more

Spring Ridge Health Center
19856 Three Notch Rd
Lexington Park, MD 20653
240-434-6059

Margaret Brent Health Center
29675 Point Lookout Rd
Mechanicsville, MD 20659
240-434-6060

For More Information
smchd.org/sbhc

ENROLL
NOW FOR
FASTER
SERVICE!



School-Based Health Centers



Telehealth Program

“What makes this unique and different from other telemedicine visits is that we have the hands-on component of the school nurse who can check for lymph nodes, abdominal tenderness – things you can’t do through video.”

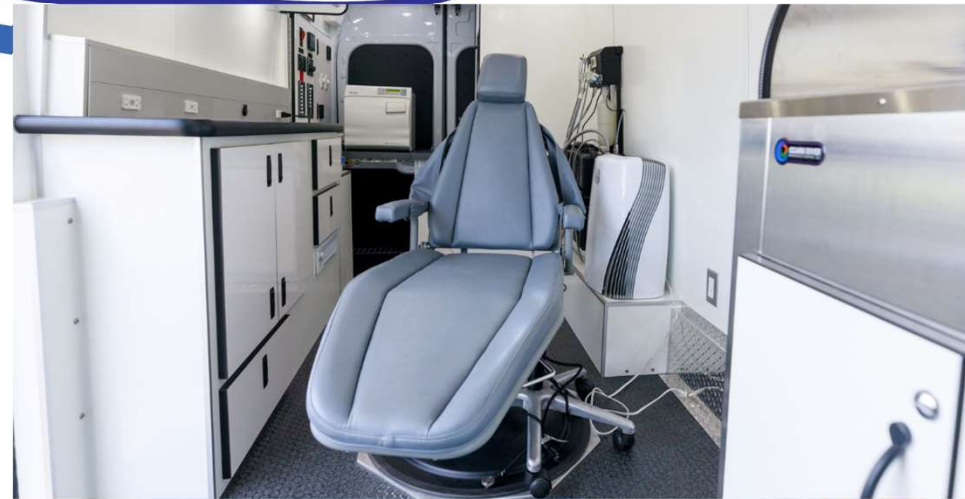
Dr. R. Scott Strahlman,
pediatrician



COLUMBIA MEDICAL PRACTICE



School-Based Dental



- In 2022 CCHS purchased the first Mobile Health Unit
 - MHU provides easier access to dental care; especially in public schools with limited space
 - CCHS acquired two more MHU's in 2023 upon the success of MHU #1
 - Utilized in all counties where services are provided
-
- Dental equipment is compact and portable, set up from school to school
 - The amount of time spent at a school depends on the number of enrollments, ranging from two weeks to two months each school year

School-Based Dental 2022-2023 Statistics

- **Caroline County Public Schools**

- ❖ *1,180 enrollees seen for dental services*
- ❖ *584 teeth sealed*
- ❖ *455 enrollees with dental disease*
- ❖ *23 enrollees needing emergent dental care*

- **Dorchester County Public Schools**

- ❖ *463 enrollees seen for dental services*
- ❖ *630 teeth sealed*
- ❖ *178 enrollees with dental disease*
- ❖ *1 enrollees needing emergent dental care*

- **Kent County Public Schools**

- ❖ *337 enrollees seen for dental services*
- ❖ *444 teeth sealed*
- ❖ *115 enrollees with dental disease*
- ❖ *14 enrollees needing emergent dental care*

- **Talbot County Public Schools**

- ❖ *212 enrollees seen for dental services*
- ❖ *160 teeth sealed*
- ❖ *75 enrollees with dental disease*
- ❖ *5 enrollees needing emergent dental care*

- **Queen Anne's County Public Schools**

- ❖ *302 enrollees seen for dental services*
- ❖ *359 teeth sealed*
- ❖ *70 enrollees with dental disease*
- ❖ *2 enrollees needing emergent dental care*

Total Seen: 2,494

Total Teeth Sealed: 2,177

Total with Dental Disease: 893

Total needing Emergent Dental Care: 45



**How do you engage students/
parents in these efforts?**



SCHOOL BASED WELLNESS CENTER

Health care during school at NO COST!

ENROLL TODAY!



**SCAN THE QR CODE FOR
MORE OR TO ENROLL**



TO ENROLL:

Talk to the nurse in the Health Office,
scan the QR Code or go to:
bit.ly/SchoolBasedWellnessCenters

CONTACT INFO:

HowardSBWC@howardcountymd.gov



CENTRO DE BIENESTAR ESCOLAR

Atención médica durante la escuela
¡SIN COSTO!

¡INSCRÍBASE HOY!



**ESCANEE EL CÓDIGO QR
PARA OBTENER MÁS
INFORMACIÓN O
INSCRIBIRSE**



PARA INSCRIBIRSE:

Hable con la enfermera de la Oficina
de Salud, escanee el código QR o
diríjase a:
bit.ly/SchoolBasedWellnessCenters

CONTACT INFO:

HowardSBWC@howardcountymd.gov

Community Health Center at Rock Hall ES



RHES school nurse Kelly Kirwan, Director Chrissy Bartz, and RHES school principal Gillian B. Spero

A promotional graphic for Choptank Community Health. It features a large circular logo with the text "CHOPTANK COMMUNITY HEALTH" around the perimeter. Inside the circle is a photograph of a doctor examining a young girl. To the right of the circle, there is text providing service hours and location information. At the bottom right, there is a circular inset photo of a woman with a stethoscope, labeled as a Licensed Physician Assistant.

Medical and Dental Services
For KCPS Students
Mondays 8a-4:30p
Thursdays 8a-6p

Community Health Center
located at
Rock Hall Elementary
School
Ph. 667-337-2004

**SCHOOL
BASED
HEALTH**

Licensed Physician Assistant

Celebrate Achievements!



SAVE THE DATE



Anniversary Event St. Mary's County School Based Health Centers



5 DECEMBER 2025 | 6:00 PM

DR. JAMES A. FORREST CAREER AND TECHNOLOGY CENTER, LEONARDTOWN
SMCHD.ORG/SBHC



Engaging Students and Parents





How do you sustain this partnership to ensure continued engagement?



A Legacy of Care

Began in 1999 with SBHCs in Caroline County

- Project Healthy Schools' Health Communities Grant

Additional partnerships with:

- Caroline County Public Schools
- Caroline County Public Health Department
- University of Maryland School of Nursing





SBHC Partnerships

- Dental Partnerships
 - Funding available through the Maryland Department of Health
 - Choptank Health and other pediatric dental offices as a referral point for ongoing/urgent dental care
 - AHEC- Maryland Area Health Education Center and the Maryland Task Force on Oral Health (be involved in your local dental organizations)
 - Judy Centers, Early Head Start
- Behavioral Health Partnerships
 - Funding available through the Maryland Department of Health and the Consortium on Coordinated Community Supports (significant state focused funding for SB Behavioral Health)
 - Additional SB Behavioral Health Providers: the health departments, private practice providers and others- it takes a VILLAGE
 - Community Organizations
 - Recreation and Parks/Boys and Girls Clubs
 - Afterschool Mentoring Programs/YMCA
 - Chesapeake Multicultural Resource Center
 - Mid Shore Behavioral Health and other local Behavioral Health nonprofit/advocacy groups

Celebrating our Partners





What recommendations do you have for other SBHCs so they can adopt similar efforts into their future structures?

Any Questions?



Thank You!

md.sbhccprogram@maryland.gov

Maryland School-Based Health Center Program
Maternal Child Health Bureau
Maryland Department of Health

Amber Grabowski, RMA
Program Manager

**St. Mary's County Health
Department**

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