

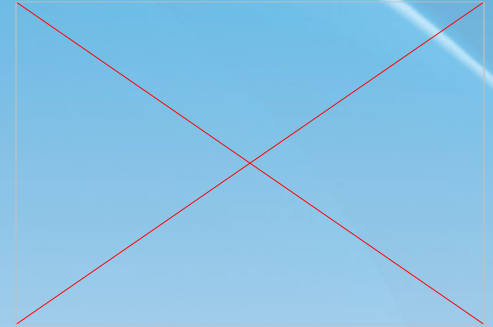
# Ice breaker!

As you enter the room, find a seat next to someone you've never met before. Introduce yourself and tell them about your favorite (or most listened to) genre of music, song, and artist!



## CME and CE Information

In support of improving patient care, this activity has been planned and implemented by School-Based Health Alliance and Moses/Weitzman Health System, Inc. and its Weitzman Institute and is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



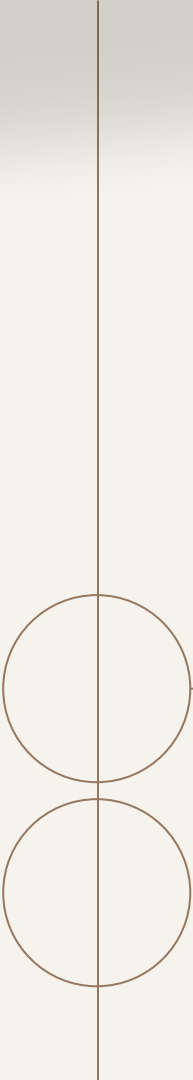
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- American Dental Association's Continuing Education Recognition Program (ADA CERP)
- American Psychological Association (APA)
- Association of Social Work Boards (ASWB)
- Commission on Dietetic Registration (CDR)

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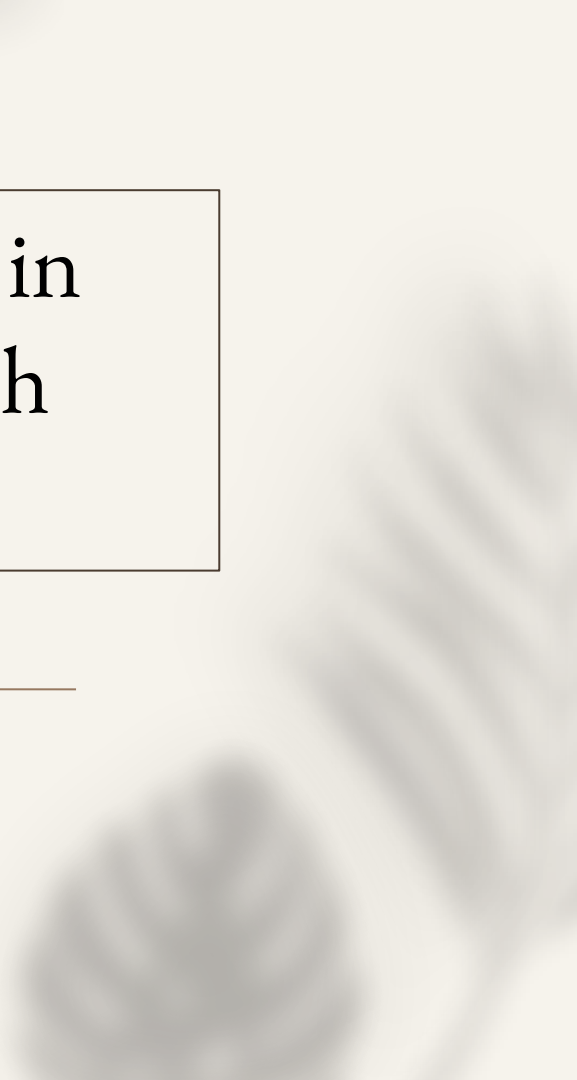
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# Engaging Youth Voices in Youth-Centered Health Initiatives



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Presented by Lauren Metcalf, Justin Wang,  
Ketan Tamirisa, and Joey Kaji  
July 2, 2024





# Introducing our presenters



Lauren Metcalf - Youth  
Advisory Council Member  
University of Oregon 2028



Justin Wang - Youth  
Advisory Council Member  
Stanford University 2028



Ketan Tamirisa- Youth  
Advisory Council Member  
Washington University in  
St. Louis 2028

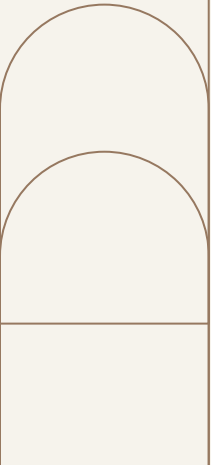


Joey Kaji- Youth Advisory  
Council Member  
University of Rochester  
2028



# What is youth engagement?

Youth engagement is a form of connection between an organization and the young people that aforementioned organization serves/impacts.



True youth engagement requires adults sharing power with young people. Adults can be uncomfortable doing this with students, however, it is important to prepare youth for new roles and opportunities as well as hear feedback on areas for growth.

# What is youth advocacy and why is it important?

Youth advocacy involves promoting youth voices in order to solve contemporary, real-world issues. However, there's no "one-size fits all" definition; it can be tailored to many different situations. Engaging youth across diverse situations can look like:

- Advocating for a specific cause (school-based health care, social justice, etc.)
- Engaging in partnerships with community stakeholders (legislators, organizations, etc.)
- Building a vast peer network and promoting peer advocacy
- ...What other examples can you think of?


**Why is this important?** Youth advocacy can provide: a targeted appeal, broader perspectives, impactful narratives/stories, and tangible change





# Objective

Participants will understand on the importance of advocacy within youth-oriented conversations, learn how to effectively communicate their ideas in group settings, and become equipped with essential tools to support and engage in youth-centered initiatives





# Small group share-out!

## For youth

- Have you participated in advocacy work?
- What made you feel welcomed in these spaces?
- What was a highlight of your experience?
- What worked well? What could be improved?

## For adults

- Have you been in spaces where youth advocacy has occurred?
- What efforts did you make to welcome youth?
- How did you amplify their voices?
- What worked well? What could be improved?

# Engaging YOUR voice in adult-dominated spaces

- Educate Yourself
  - Learn all about the topic you are advocating for (read literature articles, think about your experiences, talk to your network)
- Form Meaningful Partnerships/Coalitions
  - Partnerships with stakeholders should be mutually beneficial; help organizations see the value of youth voices in furthering their mission
- Utilize Social Media/Technology to Your Advantage
  - Supplement adults' work with your ability to use social media as an effective way to promote your advocacy; this will allow you to construct a niche role for yourself
- Understand Data/Evidence
- Communicate Effectively
- Persist & Persevere



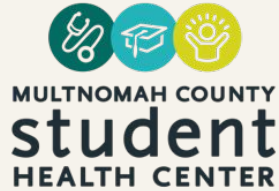
# How can adults make these spaces more welcoming

- Authenticity
- Actively listening and showing interest/making it clear that you are interested in what they have to say
- Offer support when needed, but allow them the opportunity to take charge
  - Help connect youth to the adults that the youth need to talk to in the given field



# What can youth advocacy and engagement look like in a school-based health setting?

Lauren



Ketan



Joey



Justin

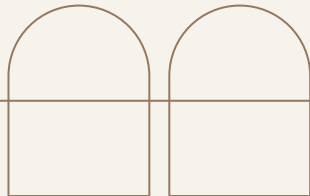




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# Activity

In groups of 3-5 (both adults and youth included), brainstorm issues pertinent to school-based health care in your community. Work to brainstorm different ways to engage youth voices in order to mitigate these issues. Make sure your group assigns a spokesperson to discuss your ideas.



# Group Share-Out!

- What were the issues where you think there is a lack of youth engagement? Why should youth care about these issues?
- What were your solutions?
- What role do adults play in these solutions?



## Check-Out

Based on today's discussion, what is one thing you plan to do in order to promote youth advocacy and/or better your community? Write it down on the sticky note in front of you!



# Reference slide

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