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- American Psychological Association (APA)
- Association of Social Work Boards (ASWB)
- Commission on Dietetic Registration (CDR)



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# Infusing innovation into school-based health partnerships and business practices



**Nikole Tome, MPH, MCHES**

*School-Based Health Center Manager*

**Family First Health**

[ntome@familyfirsthealth.org](mailto:ntome@familyfirsthealth.org)

**Sharla Scotten, MPH, CHES, NBC-HWC**

*Health & Wellness Coach*

**Family First Health**

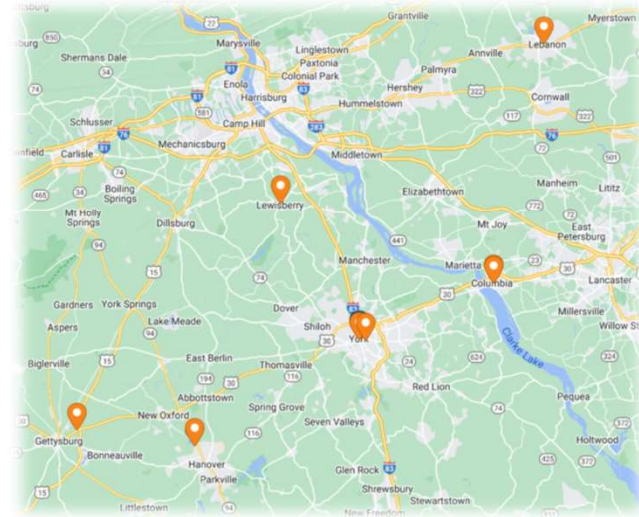
[sscotten@familyfirsthealth.org](mailto:sscotten@familyfirsthealth.org)

[www.familyfirsthealth.org](http://www.familyfirsthealth.org)



# Family First Health

- Federally Qualified Health Center (FQHC)
- National Committee for Quality Assurance (NCQA)
  - Patient Centered Medical Home (PCMH)
- 8 (soon 9) sites
  - 1 (soon 2) school-based health



# Family First Health



- Medical
  - Adult & pediatric
  - Primary care
  - Coordinated & comprehensive
  - Routine exams & immunizations



- Dental
  - Preventive
  - Routine exams & cleanings
  - Mobile School Dentistry



# Family First Health



- Optometry



- Integrated Services
  - Substance Use
  - Behavioral Health
    - Consultant
    - Associate
  - Health & Wellness Coach



- Community Programs
  - Caring Together
  - Nurse Family Partnership
  - Connections for a Healthy Pregnancy
  - Community Health Workers



# Objectives

1. **Identify** key informants/stakeholders
2. **Develop** initiatives to support health & wellness
3. **Foster** innovative & collaborative partnerships for sustainability



# Innovation

**in-no-va-tion**

/,ɪnə'vāʃH(ə)n/

The action or process of introducing **changes** or **new ideas**



# 100 Uses



**Goal:**  
carry/deliver  
pizza

**New Ideas:**  
Your Turn!



# 100 Uses

1. Garden weed barrier
2. Art easel
3. Laptop shade cover
4. Table soccer
5. Bird box
6. Battleship
7. Tic-tac toe
8. S'more oven
9. Skee-ball
10. Bib for eating
11. Cat bed
12. Wall clock
13. Drawers
14. Hop-scotch
15. Shield



# SBH Goals

1. Bring awareness
2. Build rapport
3. Increase enrollments in care
4. Improve health

Hallways  
to Health

Creating a  
School-Wide  
Culture of  
Wellness



**Health Outcomes**

- Improved nutrition
- ↑ levels of physical activity
- ↑ overall health status
- Improvements in student social and emotional health
- Better management of social determinants of health



**School Climate**




- Students feel safe, respected and engaged
- ↑ self-esteem
- ↓ drug use
- ↓ stress among students, staff
- Higher teacher retention



# SBH Video

# Students



			
"Girls on the Run" Team	✓	✓	
Kindergarten Ready	✓		✓
Health Education	✓	✓	
Hygiene Product Distribution	✓	✓	
Literacy Initiatives	✓	✓	✓
Morning Welcome Committee	✓		
New Student Welcome Wagon	✓	✓	✓
Student Challenges	✓		✓
Student Clothing Distribution	✓		
Wellness Gardens	✓	✓	



# Students

## Morning Welcome Committee

### a. Goal

- Foster collaboration, kindness, and a sense of community between school students/staff and health center.

### b. How

- Opportunities for positive engagement



# Students

## Morning Welcome Committee



**Spring into Kindness with Us!**

**CHALLENGE for the week:**  
Do this act of kindness by Friday and show P.R.I.D.E.!

(¡DESAFIO para esta semana: haz este acto de bondad antes del viernes y muestra P.R.I.D.E.!  
DEFI pou semèn nan: Fe zak jantiyes sa a anvan Vandredi epi montre P.R.I.D.E.!)

**Sit with someone new at lunch.**  
(Siéntate con alguien diferente durante el almuerzo.  
Chita ak yon moun nouvo nan manje midi.)





# Students

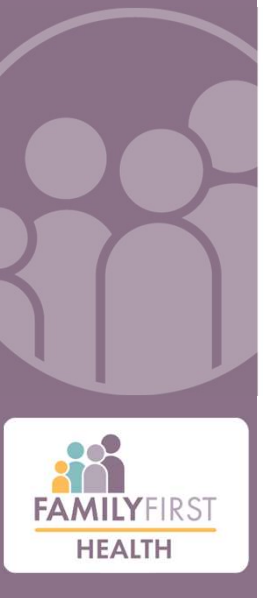
## Health Education & Hygiene Product Distribution

### a. Goal

- Foster a sense of ownership & inclusivity
- Empower students to maintain their health and wellness.

### b. How

- School Bulletin Boards
- Education Lessons
- Starter-Kits of Products



## Innovation

## Scenarios

6. The school principal shares that students and staff seem extra stressed during state mandated academic testing.

1. The school nurse shares that a large number of students in the building, are out of compliance with state mandated school physicals.

2. The school social worker shares that there has been an influx in need for clothing for students during the school day.

5. Your health center would like to better identify youth mental/behavioral health needs, but the PHQ9 is only for patients 12+ years of age.

4. You'd like to stay connected to the school students, families, and staff over the summer months.

3. The school nurse shares that there are many students who have been diagnosed with asthma, yet only a few families have provided prescribed inhalers.

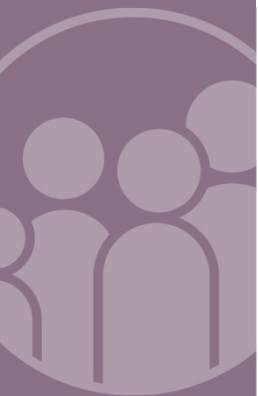
# School Staff

1. Faculty Meetings
2. School Social Committee
3. Appreciation Efforts
4. Wellness Events
5. Distributions
  - a. Cleaning Products
  - b. Student Clothing

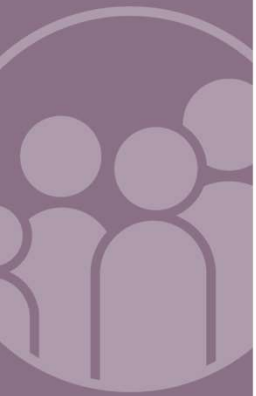


# Community

1. Support monthly school events
  - a. Back-to-School/  
Open-House
  - b. PBIS
  - c. Fundraisers
  - d. Field Trips
2. Host monthly community events
  - a. Hygiene Distribution
  - b. Topical Events
3. Little Free Library
4. Wellness Gardens



# Community Wellness Gardens



# School-Based Behavioral Health

## 1. SBH

- a. Youth Health Advisory
- b. Youth Calming Space
- c. Supplemental SEL Curriculum
- d. School Challenges

## 2. Clinical/Medical

- a. Referral to Behavioral Health Consultant



# Community Health Workers

## 1. SBH

- a. Follow-up connection to care for:
  - Mobile school dentistry
  - State mandated
    - Vision screenings
    - Physicals
    - Immunizations



## 2. Clinical/Medical

- a. Patient assistance with SDoH:
  - Language
  - Insurance
  - Housing
  - Transportation



# Health & Wellness Coach

## 1. SBH

- a. Time built into schedule to support aforementioned initiatives.
  - Classroom instruction
  - School support
  - Community Events



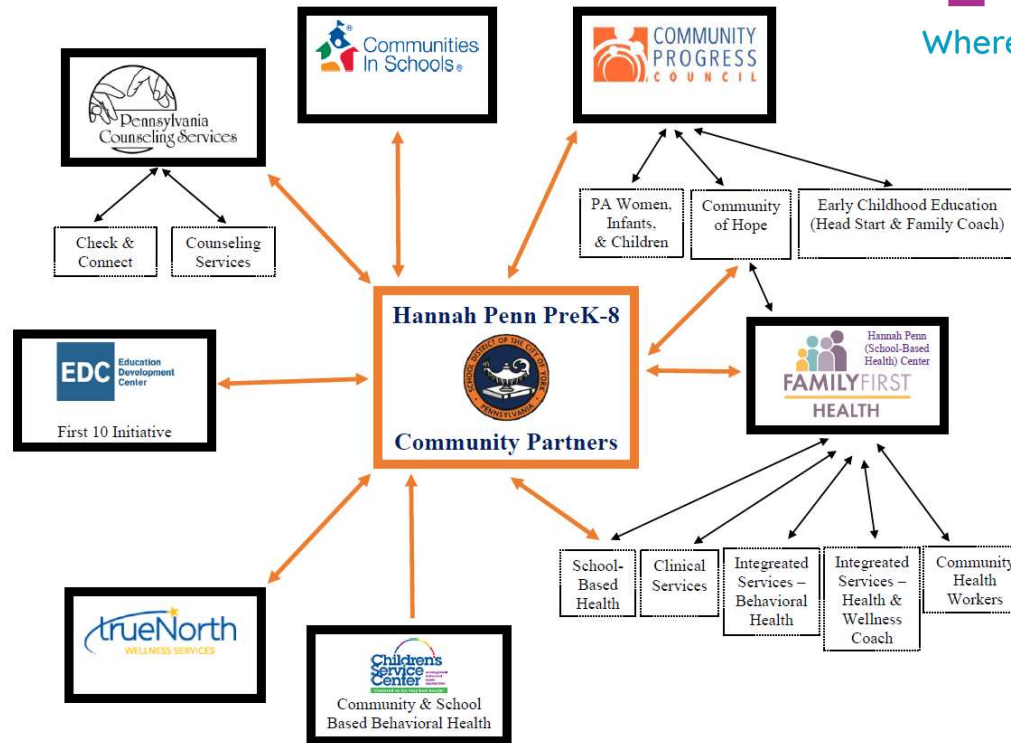
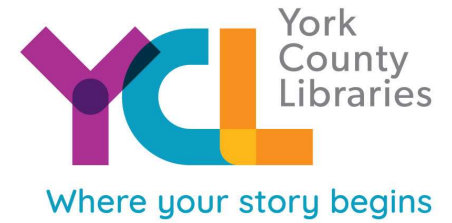
## 2. Clinical/Medical

- a. Direct patient care
  - Primary Prevention
  - Chronic Disease
  - Appointment modalities





# Partnerships



# Results to Innovation



**FAMILYFIRST  
HEALTH**

**Hannah Penn  
School-Based Health  
Center**





**Year in Review  
2022-2023**

Clinical Services

Lois S., Brooke L., Nicole B., Mary K.,  
Vickie M., MR. & MA

Health & Wellness Coaching

Sharla

Community Health Workers

Casey F., Celia S., Loucena E.,  
Franscheca T., & Mandie D.

School Integration

Nikole T.



Sponsored team of 9 HP Student GOTR runners, and provided gift bags & race-day support (Dec22).



Staff Appreciation: celebrated nat'l awareness days, sponsored monthly efforts, & maintained on-going WishList.



Provide education by maintaining (5) HP bulletin boards.



Support PBIS events like "Polar Express" with book & pizza donations and coat distribution (Dec22).



Attended Nat'l SBH Conf. (Jun23).



Encouraged/supported HP Garden Project: Phase1 Soil Sampling & Phase2 Sunflower Planting (Spring23).



Provided info. to 20+ HP families at Resource Fair (Jan23).



Supported weekly "Walking School Bus" Program.



Maintain "United Way" Little Free Library.



Support monthly community "Hygiene Distributions" providing needed products & connections to services.



Celebrated NSBHCA Month with a gift of new pencils to all HP students & more (Mar22).



Provided healthy drinks/snacks to 80+ HP students for Jan23 school dance.



Encouraged Health Edu. programs for all HP students on character education (K-4<sup>th</sup>), puberty (5<sup>th</sup>), & youth vaping epidemic (5-8<sup>th</sup>) (Spring23).



Taught Health Edu. lessons for HP students on sugar (3-5<sup>th</sup>) and CPR awareness (7-8<sup>th</sup>) (Spring23).



Hosted (3) HP Staff Wellness Events (Spring23).



Hosted a sponsored Scholastic BookFair for all HP Students to pick 2 free books (May22).



Collaboratively hosted and sponsored EOY PBIS Carnival (May22).

# Questions & Answers



# Conference Evaluation



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