



# Crisis-Ready: Using Telehealth to Support Health Centers and Schools During Climate Emergencies

October 31, 2024

1:00 p.m. to 2:00 p.m. EST





# School-Based Health Alliance Transforming Health Care for Students

## Our Focus

The School-Based Health Alliance Works to Support & Grow SBHCs



We support the improvement of students' health via school-based health care by supporting and creating community and school partnerships.

## www.sbh4all.org



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## REMINDERS

## **All attendees are in listen-only mode.**

To ask a question during the session, use the "Q&A" icon that appears at the bottom

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Delease complete evaluation poll questions at the end of the presentation.



# Learning objectives

Participants will be able to...

- Recognize the essential tools and steps necessary to establish a mobile telehealth clinic in response to climate-related disasters.
- Understand communication strategies to maintain healthcare services when traditional infrastructure is compromised.
- Identify methods for building strong collaborative relationships with schools and community agencies and integrating telehealth into emergency response structures.



## **Today's Speakers**



Kathy Hsu Wibberly, PhD Director Mid-Atlantic Telehealth Resource Center **Brian Gunnell** Sr. Telemed Engineer and Team Lead University of Virginia Center for Telehealth



SBHA Telehealth & Emergency Preparedness Webinar

October 31, 2024

Crisis-Ready: Using Telehealth to Support Health Centers and Schools During Climate Emergencies

Serving Delaware, Kentucky, Maryland, New Jersey, North Carolina, Pennsylvania, Virginia, Washington DC and West Virginia

## In The News This Year

#### WEATHER

# Exceptional Drought in West Virginia and Ohio

by: <u>Chris Knoll</u> Posted: Aug 29, 2024 / 04:16 PM EDT Updated: Aug 29, 2024 / 04:16 PM EDT







By — William Gallus, The Conversation

Why 2024's destructive tornado season was one of the most active on record First wildfire death of 2024 season reported as California heat wave continues



A night-flying helicopter drops water on flames as the Thompson fire burns July 2 in Oroville, Calif. (Ethan Swope / Associated Press)

## And The Last 30 Days

# East TN mobile health center rolls in to help, post-Helene

Published 11:46 am Wednesday, October 16, 2024

**By** Contributed Content



Photo Contributed/Cherokee Health Systems of Knoxville has sent out a mobile health clinic, equipped with exam rooms, a lab, and telemedicine capabilities to families cleaning up after Hurricane Helene. The mobile health clinic will be set up in community parks, gas stations and church parking lots.

#### Asheville's Mission Hospital is in the center of Hurricane Helene disaster recovery

#### Dave Fornell | October 08, 2024 | Health Exec | Care Delivery





The ASPR's National Disaster Medical System field hospital, set up in the parking lot at Mission Hospital in Asheville this past week. Photo by ASPR. Rebuilding after Helene and Milton: Educators share experiences from previous disasters



Hurricane Milton's lasting impact on health is just beginning, studies suggest

Lingering effects from weather events can be devastating, research shows.

By Dr. Faizah Shareef

October 11 2024 5:04 AM

# Mental health needs rising in WNC after Helene. How can providers help?

As western North Carolina residents describe trauma, stress and isolation after Hurricane Helene, experts anticipate that the psychological impact of the storm will only intensify. Mental health providers are mobilizing to offer free services and support, though licensing barriers are hindering their ability to keep treating evacuated patients.



XM

A water main break in St. Petersburg, Florida, which occurred during Hurricane Milton, has been repaired, but residents are still advised to boil water as a precaution.

## Polls – Getting Started



### What types of climate-related emergencies have you experienced?

- A Flooding
- B Hurricanes/Tornados
- Drought/Groundwater C Shortages
- Wildfires D
- Extreme Heat/Heatwaves Е
- Other... F





Yes Α

в No

# From the Federal Emergency Management Agency (FEMA)'s Comprehensive Preparedness Guide



**Recorded Webinar: Emergency Preparedness in School-Based Telehealth** 

# Planning for an emergency and how we stay connected

# Communication PlanCommand StructureCommunity Partners

# Telehealth use cases during an event

- 1. Triage and Initial Assessment
- 2. Mental Health Support (including family reunification)
- 3. Chronic Disease Management
- 4. Remote Diagnostics
- 5. Infectious Disease Monitoring and Prevention
- 6. Post-Disaster Follow-Up Care
- 7. Maternal and Pediatric Care
- 8. Specialist Consultations
- 9. Continuity of Care for Displaced Individuals



# Connectivity During Natural Disasters: Access to the Internet and Connected Services

## How to Use Your iPhone's Emergency SOS via Satellite to Contact 911

Even if you don't have cell service, the satellite feature can be used to reach emergency services in remote places.

Using taps, you answer the emergency questions based on your situation. The types of emergencies you can choose are:

- · Car or Vehicle Issue
- Sickness or Injury
- Crime
- Lost or Trapped
- Fire

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## **Google Brings Satellite SOS Feature to Android With Pixel 9**

By Rachel Jewett | August 14, 2024



- Laptop, Computers, or Tablet (with video conferencing capability)
  Smartphones (for remote consultations)
  High-speed Internet Connection (via satellite, mobile hotspot, or broadband)
  Webcam (if not integrated into laptops)
  Noise-cancelling Headsets (for clear audio during consultations)
  External Microphones (for better audio quality)
  Video conferencing software (like Zoom, Skype, or specific telehealth platforms)
- •Power supply and backup batteries (solar, generator, or portable power banks)
- •Portable diagnostic devices (Bluetooth-enabled stethoscopes, otoscopes, blood pressure monitors)
- •Remote patient monitoring devices (e.g., pulse oximeters, glucose meters)



## Key Considerations:

- Internet and Power Resilience: Plan for areas where infrastructure has been heavily impacted by setting up alternative internet (e.g., satellite) and power sources.
- Accessibility: Ensure that telehealth services are accessible to vulnerable populations, including the elderly, disabled, and non-English-speaking communities.
- Scalability: Set up a system that can scale quickly to accommodate surges in demand for telehealth services as more people seek care.

## Phase 1: Initial Assessment and Planning

Evaluate the extent of the disaster, affected population, and the immediate medical needs. **Determine Available Resources** 

- Identify the healthcare providers, technology platforms, and support needed.
- Obtain Regulatory and Legal Approval
- Ensure telehealth services comply with regulations in disaster-affected areas.
  - Coordinate with federal and state governments for emergency waivers (e.g., HIPAA flexibility, licensing).
  - Ensure compliance with cross-state or international service regulations for healthcare providers.

Collaborate with local health agencies, hospitals, and emergency services to identify areas most impacted. Prioritize medical services needed (e.g., mental health support, chronic disease management, injury care, etc.). Identify infrastructure damage (power, internet, etc.) that may impact telehealth services.

# Phase 2: Infrastructure Setup

- 1. Choose a Telehealth Platform Select a reliable and secure telehealth platform.
  - 1. Use pre-existing telehealth platforms, or set up cloud-based platforms (e.g., Zoom for Healthcare, Doxy.me, VSee).
  - 2. Ensure the platform supports secure video/audio calls, messaging, and file sharing for medical records.
  - 3. Integrate Electronic Health Records (EHR) or create a temporary health data management system if EHR is unavailable.
- 2. Establish Communication Infrastructure Set up a resilient communication network.
  - 1. Ensure internet access for healthcare providers, patients, and support staff (consider mobile hotspots or satellite connections).
  - 2. Set up backup communication methods (e.g., SMS-based check-ins or phone consultations for areas with limited internet).
  - 3. Set up toll-free or emergency numbers for patients to contact healthcare providers for telehealth consultations.
- 3. Deploy Medical Devices and Support Equipment Equip healthcare providers and patients with necessary devices.
  - 1. Provide providers with telemedicine kits (including webcams, headsets, and diagnostic tools like digital stethoscopes).
  - 2. Set up remote monitoring devices for patients (e.g., blood pressure monitors, glucometers) where possible.
  - 3. Set up local hubs or shelters with telehealth access stations (e.g., community centers with internet access).

# Phase 3: Launch and Operations

- 1. Patient Enrollment and Triage Start enrolling patients and triaging medical needs.
  - 1. Implement a triage system for telehealth consultations (categorize patients based on urgency and medical need).
  - 2. Provide patients with simple instructions on how to access telehealth services via app, web, or phone.
  - 3. Offer helplines or support chat services to guide patients unfamiliar with telehealth.
- 2. Healthcare Provider Assignments Assign healthcare providers to manage different types of patient needs.
  - 1. Set up a schedule for healthcare providers to handle virtual consultations (e.g., shifts for mental health counselors, physicians, nurses).
  - 2. Create specialized telehealth units for key areas (e.g., mental health, chronic disease management, emergency care).
  - 3. Ensure providers have access to patient history if possible or ask patients to fill out brief medical forms online.

# Phase 4: Post-Launch Monitoring and Support

- 1. Monitor Service Performance Continuously evaluate the effectiveness of telehealth services.
  - 1. Track the number of consultations, patient outcomes, and any technical issues.
  - 2. Gather feedback from patients and healthcare providers to improve the service.
  - 3. Set up a response team to troubleshoot any technology or communication issues.
- 2. Address Privacy and Security Ensure all data shared during telehealth sessions remains secure.
  - 1. Enforce data encryption standards for all telehealth communication.
  - 2. Ensure secure storage of patient health records, even in emergency conditions.
  - 3. Conduct regular security audits, especially if services run over open networks or temporary solutions.
- 3. Provide Ongoing Training and Support Train providers and support staff for continued operation.
  - 1. Offer refresher training for providers on using telehealth platforms effectively.
  - 2. Update healthcare providers on the latest disaster-related health risks or trends.
  - 3. Maintain an ongoing helpdesk for technical issues, available 24/7 during the disaster period.

## **Reminder!**



Remember, when disaster strikes the time to prepare has passed.

# -Steven Cyros

## Contact

# For More Information:



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## Questions?



## **MANAGING OUTBREAKS:**

# Telehealth Strategies for Health Centers and School

As infectious disease outbreaks like measles, mumps, and chickenpox become more common, telehealth offers critical solutions for keeping communities safe.

This webinar will explore practical strategies for using telehealth to support schools and health centers during outbreaks, focusing on effective screening, virtual consultations, and remote care coordination.

We'll discuss how to maintain continuity of care, manage quarantine protocols, and leverage telehealth for real-time communication between health centers and school officials. Real-world case studies will illustrate how telehealth can help contain outbreaks while minimizing disruption to learning and care delivery.



**November 21, 2024** 2 pm ET



<u>https://bit.ly/4fpzdqP</u>







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> June 29 -July 1, 2025

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# Health Center Staff: *Give your input TODAY!*

Complete the 2024 National Health Center Training and Technical Assistance (T/TA) Needs Assessment.

Tell us what training and professional development support you and your health center teammates need to best serve your community.

## Help our training partners create learning opportunities **designed with health center teams in mind.**

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Who

ALL health center staff are encouraged to complete the National T/TA needs assessment. It's available in English and Spanish!



## August 19 - November 1, 2024

<u>Click on this link</u> Or scan the QR code:





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